



# ENDURANCE MOUNTAIN BIKE

## NATIONAL CHAMPIONSHIPS

Roanoke, VA July 14-20

Communique No. 7 – July 18, 2025

### Lap Counts for Saturday

Junior Men 17-18 Cat 1/2	5 Laps - Black Course
Junior Women 17-18 Cat 1/2	4 Laps - Black Course
Women Elite Pro	6 Laps - Black Course
Men Elite Pro	7 Laps - Black Course
Women U23 Open	5 Laps - Black Course
Men U23 Pro/Cat 1	6 Laps - Black Course

### [Link to Tech Guide](https://d31phgno5jngghy.cloudfront.net/mtbnats/documents/2025-Endurance-MTB-Tech-Guide.pdf)

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### Feed/Tech Zone

Saturday – Feed/Tech on the rider's right side from the final turn onto the finish stretch until the finish line. All support staff will need a wristband to be in that zone, which can be obtained at number plate pickup. 2 support staff allowed for UCI pointed races on Saturday.

### 80% Rule

80% Rule is in effect for all races on Saturday.

### Staging

Report to staging 15 minutes prior to your race start.

### [Link to Live Results](https://my.raceresult.com/groups/6656/)

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