



ENDURANCE MOUNTAIN BIKE

NATIONAL CHAMPIONSHIPS

Roanoke, VA July 14-20

Communique No. 9 – July 19, 2025

Lap Counts for Sunday

7:30 AM	Junior Men 15-16 Cat 1/2	4 Laps Black Course
9:15 AM	Junior Women 15-16 Cat 1/2	3 Laps Black Course
10:45 AM	Master Men 40-44 Cat 1/2	4 Laps Red Course
10:45 AM	Master Men 45-49 Cat 1/2	4 Laps Red Course
12:30 PM	Master Men 50-54 Cat 1/2	4 Laps Red Course
2:00 PM	Master Men 55-59 Open	3 Laps Red Course
2:01 PM	Master Men 60-64 Open	3 Laps Red Course
2:03 PM	Master Men 65-69 Open	3 Laps Red Course
2:05 PM	Master Men 70-74 Open	2 Laps Red Course
2:05 PM	Master Men 75-79 Open	2 Laps Red Course
2:05 PM	Master Men 80+ Open	2 Laps Red Course
	Non-Championship Below	
3:30:00 PM	Junior Men 9-10 Open	2 Laps Blue Course
3:31:00 PM	Junior Women 9-10 Open	2 Laps Blue Course
3:32:00 PM	Junior Men 6-8	1 Laps Blue Course
3:34:00 PM	Junior Women 6-8	1 Laps Blue Course
4:30:00 PM	Junior Men 17-18	3 Laps Blue Course
4:30:30 PM	Junior Men 15-16	3 Laps Blue Course
4:31:00 PM	Amateur 19-29/Master 30+ Men	3 Laps Blue Course
4:31:30 PM	Amateur 19-29/Master 30+ Women	2 Laps Blue Course
4:32:00 PM	Junior Women 15-16 & 17-18	2 Laps Blue Course
4:32:30 PM	Junior Men 13-14 Open	2 Laps Blue Course
4:33:00 PM	Junior Women 13-14 Open	2 Laps Blue Course
4:33:30 PM	Junior Men 11-12 Open	2 Laps Blue Course

Feed Zone

Sunday – Feed on the rider's right side from the final turn onto the finish stretch until the finish line. All support staff will need a wristband to be in that zone, which can be obtained at number plate pickup. One support staff allowed per racer.



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Pulling/80% Rule

80% will be in effect for all groups that race the Black course.

For Red and Blue course, racers will be sent out up until 10 minutes prior to the next race start.

Example: 10:45AM start wave racer would be allowed to go out on their next lap until 12:20PM assuming the next group starts at 12:30PM.

Staging

Report to staging 15 minutes prior to your race start.

Black course races stage & start at the bottom of the hill.

Red & Blue courses start at the top of the hill.

No Audio Devices

Per USAC rule 1J6 - No headphones allowed.

[Link to Live Results](https://my.raceresult.com/groups/6656/)

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