



**RaceClean™**

# UPDATE

Dear member:

As many of you know, 2016 has marked a significant evolution of the RaceClean program as we vowed to respond to membership concerns and conduct many more anti-doping tests at grassroots events.

Well, June represented the midway point of this year's program, which means it's a great time to look at our progress. To date, we've conducted 107 tests - that's nearly five times what we had conducted by this time last year. Our target for testing in 2016 was set at 135 tests versus 45 in 2015, and if the first six months of the year are any indication, it looks like we'll well surpass our target.

Given we have significantly increased the amount of testing, you might be wondering if our efforts have resulted in positive tests. To date, we cannot report an positive tests - but its really too soon to do so. After a test, it can take 6-8 weeks to get the results back. And if a test comes back positive after that 6-8 week period, the athlete has the option to challenge the sanction at an arbitration hearing in front of independent judges. It is not uncommon for athletes to challenge their sanctions, and when that happens, the adjudication process can take several months to over a year to complete in full. We cannot report any ADRVs until the adjudication process is complete. The adjudication process can be lengthy, but is in place to protect athletes by

## NUMBER OF TESTS

**June 2016:** 24  
June 2015: 0  
**YTD 2016:** 107  
YTD 2015: 23  
**Target 2016:** 135  
Total 2015: 45

## CHECK PRESCRIPTIONS

USADA makes it easy to ensure you're competing within the rules. Call [USADA's Drug Reference Hotline](#) at 719-785-2000 (option 2) to check your medications against the prohibited list.

## STAND UP FOR SPORT!

USADA is running a social media campaign to encourage you, the athlete, to stand up for sport by sharing what drives you to complete clean.

Visit [icompeteclean.org](http://icompeteclean.org) to upload your photo and share on Facebook, Instagram or Twitter using #CompeteCleanOrGoHome

ensuring that all sanctions are fair and justified. If and when we can report any ADVRs from RaceClean testing, we will do so on the [RaceClean webpage](#) and in this update.

and #RaceClean. On July 22, we'll choose five winners for some swag.

That's all for this month. For more information please visit the [RaceClean webpage](#). If you have any questions or if there's anything specific you want to hear about in a future report, don't hesitate to contact me at [jwhiteman@usacycling.org](mailto:jwhiteman@usacycling.org)!

Warm regards,  
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