



RaceClean™

UPDATE

Dear Member:

With six more RaceClean tests conducted in October, we've surpassed our goal of 135 tests for the year. We are up to 137 so far in 2016 and still have two months of testing to go.

RaceClean's success in 2016 is due 100% to our members, donors, and local associations. Your support is what makes it possible to meet and exceed testing goals.

You've empowered the RaceClean program to provide greater doping deterrence by catching violators like Idaho athlete [Tim Root](#) who accepted a sanction this month for refusing to provide a sample at the 2016 Anderson Banducci Twilight Criterium.

(All currently announced 2016 sanctions resulting from RaceClean-funded tests can be seen on the [RaceClean webpage here.](#))

We've worked hard to stretch your surcharge and donated dollars as far as we can, and we're looking forward to publishing a year-end program review which will outline exactly how your dollars were spent. You can look for this review in January.

NUMBER OF TESTS

October 2016: 6

October 2015: 0

YTD 2016: 137

YTD 2015: 39

Target 2016: 135

Total 2015: 45

ARE YOUR DIETARY SUPPLEMENTS SAFE?

Do you take dietary supplements? Some dietary supplements pose elevated anti-doping and health risks. USADA's Supplement 411 can help you recognize the risks, avoid health problems, and avoid a positive test.

[Click here](#) to learn more.

APPLYING FOR A THERAPEUTIC USE EXEMPTION (TUE)

A Therapeutic Use Exemption (TUE) is permission to use a prohibited substance for

In the meantime, as many of you plan year-end giving, please consider a donation to RaceClean to further help us in the fight for fair competition.

To make a donation now, [click here](#).

Thank you for your support. If you have questions or concerns, don't hesitate to reach out to me.

Thanks for reading,

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REMEMBER TO REPORT TIPS

If you suspect a competitor of using performance enhancing drugs, leave an anonymous tip to help us determine who and where to test. Call the [PlayClean Tip Line](#) at 1-877-752-9253 to leave your tips.

medical reasons. To decide if you need a TUE, follow these steps:

1) Determine the prohibited status of your medication by searching for it on GlobalDRO.com

2) Determine [your competition level](#) as either International/ National OR Non-National level.

3) Visit the [Determine if you Need a TUE page](#) and follow the directions in Step 3 based on your competition level for the substance in question.