

All races run solely under USA Cycling's regulations.

The following is a brief overview of USA Cycling National Championship rules.

For complete championship regulations, please see Chapter 7 National Championships.

Individuals attempting to pre-ride the course prior to the event or any scheduled practice day may encounter hazards including incomplete course construction or obstructions. The course may also cross private property and is also subject to change.

Those individuals pre-riding the course do so entirely at their own risk.

LICENSING/CITIZENSHIP/RESIDENCY REQUIREMENTS

ALL NATIONAL CHAMPIONSHIP PARTICIPANTS MUST HAVE A CURRENT USA CYCLING ANNUAL LICENSE OR VALID UCI FOREIGN FEDERATION LICENSE AS DEFINED BELOW. In 2021 USA Cycling is pleased to offer 18 and under riders with a free domestic annual license. Riders must also be licensed for the category in which they are attempting to register. If you do not have a current and valid USA Cycling annual license, the easiest way to obtain one is via the USA Cycling website at www.usacycling.org. You may purchase, renew and/or request a category upgrade online on your My USA Cycling page.

Amateur Men

Must be a **United States citizen** or **Permanent Resident** (verified) and have a current:

- USA Cycling International License with a USA racing nationality indicated or
- A foreign International License with a USA racing nationality and a UCI ID* or
- USA Cycling Domestic Annual License with a UCI ID*

***UCI ID:** To compete in a USA Cycling National Championship, riders must have their date of birth, gender and citizenship or permanent resident status verified. Having verified this information, a *free* UCI ID is issued. If a UCI ID is not currently displayed on your license, log into your USA Cycling My Account and look for this in your Profile link. If these items are not listed or are incorrect, please do the following to update your account:

Create a copy of your birth certificate or passport and Permanent Resident Status (Green Card) as it applies, and email it to membership at MembershipMail@usacycling.org or by fax (719-434-4300).

A UCI ID is your lifelong, internationally unique, identity number to confirm your racing status and maintain your privacy in internationally published registration and results documents.

YOU DO NOT NEED TO REPRINT OR PURCHASE A NEW LICENSE ONCE YOUR ACCOUNT IS UPDATED

CATEGORY and ELIGIBILITY REQUIREMENTS

At the time of registration, all participants competing in the USA Cycling Masters Road National Championships MUST hold the minimum required category for their respective races as noted below. Riders will compete in their respective age-group based on their official racing age determined on December 31, 2021. "Racing up or down", per 1H4(c) is not allowed in this event.

AGE and STATUS

All participants MUST have a racing age of 35 or over. Riders with a racing age of 35 or over who hold Elite status per USA Cycling rules may NOT compete in the USA Cycling Masters Road National Championships. This includes riders who:

• Are, or have been, members of a UCI-registered team of any type (road, track, MTB, CX) in the calendar year of the championship.

- Have competed in the Elite category of a UCI World Championship, Continental Championships, Olympic Games or World Cup in the road discipline in 2020.
- Are further defined as an "Elite" rider per definition in USA Cycling's Glossary of terms.

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INDIVIDUAL TIME TRIAL		
Open to ALL categories – men's and women's categories 1-4 and Novice.*		
ROAD RACE and CRITERIUM		
Men 35-54	Restricted to men's road categories 1-3.	
Men 55+	Open to ALL men's road categories 1-4 and Novice.	
Women 35-44	Restricted to women's road categories 1-3.	
Women 45+	Open to ALL women's road categories 1-4 and Novice.	

	EQUIPMENT REGULATIONS
	 In general, the regulations for bicycles are those of USA Cycling. Please refer to section 1I Bicycles, in the USA Cycling rulebook: Chapter 1 General Regulations
	The main points are:
All	a. Bicycles may be no more than 2 meters long and 75 cm wide.
	b. There may be no protective shield, fairing, or other device on any part of the bicycle, which has the effect of reducing air resistance except that spoke covers may be used. (Tri-bike tool pods, extreme water bottles).
	c. Wheels may be made with spokes or solid construction.
	d. The handlebar ends shall be solidly plugged.
	e. Handlebars with ends, features, or attachments that extend forward or upward or that provide support for other than the rider's hands are permitted only in time trial events.
	f. Brake controls attached to the handlebars and operable with the hands.
	Per USA Cycling regulations, these additional UCI regulations will be in effect for mass start events and individual time trials:
	g. Bicycle frames must be of double triangle construction.
	h. Wheels must be of the same diameter, between 550 and 700 cm.
	The remaining UCI equipment regulations, including saddle and handlebar dimension controls and UCI frame design approvals, are not in effect.