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Office of the County Manager

P.O. Box 1366 477 Houston Street Green Cove Springs, FL 32043

Area Code: 904 Phone: 284-6347 269-6347 Fax: 278-4731

County Manager Howard Wanamaker

Commissioners: Mike Cella District 1

Wayne Bolla District 2

Jim Renninger District 3

Betsy Condon District 4

Kristen Burke District 5

Switchboard:

(904) 284-6300 GCS KH (352) 473-3711 KL (904) 533-2111 OP/MBG (904) 269-6300 www.claycountygov.com



USA Cycling 210 USA Cycling Point, Ste. #100 Colorado Springs, CO 80919

To our friends with USA Cycling,

On behalf of the Clay County, FL Board of County Commissioners, we welcome you and your competitors to our area for the 2021 USA Cycling Road Amateur Nationals on June 24-28.

The courses at Camp Blanding, our valued partner, present a great challenge for the athletes as they compete for a crown worthy of a national champion. Our entire community looks forward to seeing the criterium, as it is a fun opportunity for our residents to immerse themselves in the enjoyment of the event.

Clay County is a unique part of Northeast Florida showcasing a large area with more than 220,000 residents displaying a small-town charm with big passions. Everyone here looks forward to welcoming all the athletes, friends, families, and fans for an exciting week of competition.

We wish all the competitors the best of luck in the championship and hope that they and their family and friends get to enjoy the unique experiences our area has to offer.

Thank you again for the chance to host this prestigious championship!

Sincerely,

Howard Wanamaker **County Manager** Clay County, Florida

> **WELCOME TO CLAY COUNTY, FLORIDA**

LODGING



BED & BREAKFAST, BOUTIQUE HOTELS & VACATION RENTALS

Azaleana Manor

12 Kingsley Ave Orange Park, FL 32073 Phone: 904-375-8389 azaleanamanor.com

Club Continental Suites of Orange Park

2143 Astor Street Orange Park, FL 32073 clubcontinental.com

River Park Inn

103 S. Magnolia Avenue Green Cove Springs, FL 32043 Phone: 904-284-2994

www.riverparkinn.com

HOTEL ACCOMMODATIONS

Courtyard by Marriott Jacksonville/Orange Park

610 Wells Road Orange Park, FL 32073 Phone: 904-854-1500 www.marriott.com/jaxco

Days Inn

4280 Eldridge Loop Orange Park, FL 32073 Phone: 904-244-4444 www.daysop.com

Fairfield Inn Orange Park

450 Eldridge Avenue Orange Park, FL 32073 Phone: 904-278-7442 www.marriott.com

Green Cove Springs Inn

1225 State Road 16 West Green Cove Springs, FL 32043 Phone: 904-284-0203

www.gcsinn.com

Hampton Inn & Suites Jacksonville/Orange Park

145 Park Avenue Orange Park, FL 32073 www.jacksonvilleorangeparksuites.hamptoninn.com

Hampton Inn & Suites Middleburg Cecil Commerce Center

1735 Jeremiah St. Middleburg, FL 32068 Phone: 904-406-6424 www.hilton.com

Hilton Garden Inn Jacksonville/Orange Park

141 Park Avenue Orange Park, FL 32003 Phone: 904-458-1577

www.jacksonvilleorangepark.hgi.com

Holiday Inn & Suites Jacksonville/Orange Park

620 Wells Road Orange Park, FL 32073 Phone: 904-562-7400

www.ihq.com

Holiday Inn Express & Suites Fleming Island

1815 East West Parkway Fleming Island, FL 32003 Phone: 904-215-8900

www.ihq.com

InTown Suites

442 Blanding Blvd. Orange Park, FL 32073 Phone: 904-272-7299 www.intownsuites.com

Stay Suites of America

1656 Wells Road Phone: 904-264-4616 Orange Park, FL 32073

www.staysuitesorangepark.com

LODGING

CAMPING/CABINS/RVS

Camp Blanding Recreation - James E. Johnson Memorial RV Park

5629 State Road 16W Starke, FL 32091 Phone: 904-682-3104

https://fl.ng.mil/Camp-Blanding/Special-Staff/Pages/

Recreation-Department.aspx

Camp Chowenwaw

1517 Ball Road

Green Cove Springs, FL 32043 Phone: 904-529-8058

www.claycountygov.com

Fairgrounds RV Park

2511 State Road 16

Green Cove Springs, FL 32043 Phone: 904-284-1615/904-480-5495

www.claycountyfair.org

Mike Roess Goldhead Branch State Park

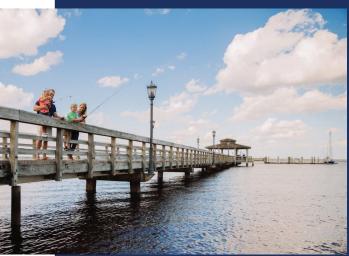
6239 State Road 21 Keystone Heights, FL 32656

Phone: 352-473-4701 www.floridastateparks.org

Whitey's RV Park

2008 County Road 220 Fleming Island, FL 32003 Phone: 904-269-4198 www.whiteysfishcamp.com







TRAVEL

AMATEUR ROAD NATIONAL CHAMPIONSHIPS

Jacksonville international Airport (30 mins from Orange Park) Driving directions to each start location

ROAD RACE | Directions

From 195 South

- Take exit 326 onto I-295 W.
- Take exit 21B for I-10 W toward Lake City
- Take exit 343 onto US-301 S toward Baldwin/Starke
- Turn left onto County Road 225/Lake St.
- Turn Right onto FL-16 W
- Turn left onto FL-230 W. follow FL-230 until it forks and take a left
- Take a left onto Kingsley Rd.
- Follow parking signs to Event Parking

From I95 North

- Take exit 318 for FL-16
- Turn right onto US-17 N/S Orange Ave
- Turn Left onto Ferris St.
- Continue onto FL-16/ Idlewind Ave.
- Follow FL-16 Around Kingsley Lake until you get to an intersection with CR-230
- Continue straight until you reach Kingsley Ave
- Take a left onto Kingsley Ave, then an immediate right\
- · Follow parking signs to Event Parking

From I10 (East or West)

- Take exit 343 onto US-301 S toward Baldwin/Starke
- Turn left onto County Road 225/Lake St
- Turn Right onto FL-16 W
- Turn left onto FL-230 W, follow FL-230 until it forks and take a left
- Take a left onto Kingsley Rd
- · Follow parking signs to Event Parking

From I75 (South)

- Take exit 358 toward FL-326
- Merge onto FL-326 E
- Turn left onto NW 77th St.
- Turn left onto US-301 N.
- Keep right to continue on US-301 N, follow the signs for Starke
- Turn right to stay on US-301 N
- Turn right to stay on US-301 N
- Turn right toward S. Walnut St.
- Turn right onto FL-230 E
- Turn right onto Kingsley Rd.
- · Follow parking signs to Event Parking

CRITERIUM COURSE | Directions

From I95 South

- Take exit 337 to 295 N
- Take exit to for US-17 toward park Ave
- Turn right onto Eagle Harbour Parkway
- Turn Left onto Town Center Blvd
- Turn left into Fleming Island High School Parking lot

From I10

- Take exit 356 toward international airport/savannah
- Follow 295 until you take exit 10 for US-17/ Park ave
- Keep right at fork, follow signs for Orange Park/Green cove springs
- Merge onto US-17 S
- Take a right on East W Parkway
- Turn Left onto Town Center Blvd
- Turn left into Fleming Island High School parking lot

From I75

- Take exit 374 towards Micanopy
- Turn right onto CR-234
- Turn right onto US-441 S
- Turn left onto County Road 234
- Turn right onto County road 2082/ County road 234
- · Slight left onto County Road 234
- Turn Right onto FL-26 E
- Turn left onto SR-21 N
- Turn right onto FL-16 E
- Turn left onto County rd/HWY 315
- Turn left onto US-17 N
- Turn Left onto Village Square Parkway
- Turn Right onto Town Center Blvd
- · Turn right into Fleming Island High School parking lot

TRAVEL

Jacksonville international Airport (30 mins from Orange Park) Driving directions to each start location

TIME TRIAL | Directions

From I95 South

- Take exit 337 onto 295 N
- Take exit 12 off of 295 for SR-21
- Turn onto SR-21 S
- Follow SR-21 until seeing event parking signs

From I10

- Take exit 350A
- Follow signs for FI-23 S/First Coast Expressway/Cecil Commerce Center Parkway
- Follow SR-23 until it intersects with SR-21
- Follow SR-21 S until seeing event parking signs

From I75

- Take exit 358 towards FL-326 E
- Turn Left off of FL 326 onto NW 77th st
- Turn left onto US 301 N/US 441 N
- Keep right to continue onto US-301 N and follow the signs for Starke
- · Slight right onto SE County Rd 219 A
- Turn Right onto FL-26 E
- Turn left onto SR-21 N
- Follow SR-21 N until seeing signs for Event Parking





EVENT STAFF

USA CYCLING

Kevin Benjamin National Events Manager

(Race Director)

Tara McCarthy National Events Director Chuck Hodge Chief of Racing and Events Stuart Lamp **Events Services Director** Valecia Frasier **Event Services Manager**

CLAY COUNTY LOCAL ORGANIZING COMMITTEE

Alan Verlander Founder and CEO

Joel Lamp Senior Director of Events

and Tourism

Business Development Stan Bagby

Executive

Kenedy Grayson Senior Director of Administra-

tion and Partnerships

Director of Operations Shane Mularkey Deshawn Ruffin High School 9:12 Manager

Tourism Assistant Sam Saboor **Development Executive Jarrod Simmons** Sydney Vandroff Creative consultant

ADDITIONAL EVENT STAFF/SERVICES

Socket Events **Event Services** One2Go Event Services Timing and Results Shimano **Neutral Support** John Hoopingarner Announcer Shaun Radley Announcer Weldon Weaver Photographer

USA CYCLING OFFICIALS

Mimi Newcastle Chief Referee

Christofer de Hahn Official **Brent Lyons** Official Chief Judge Michael Conlan Suzanne Caulfield Assistant Judge Ixsa Alamo Gollihur Assistant Judge Kevin J Long Motor Commissaire Matthew Rini Motor Commissaire James Wright Motor Commissaire Hugh Ray Motor Commissaire

Shaun Weigand Timeboard Cornelio "Neil" Dimacali **Timeboard Pilot**







WEDNESDAY • JUNE 23

| 3:00pm - 6:00pm | Registration/Packet Pick-Up | ck-Up HQ Hotel : Holiday Inn & Suites Orange Pa | | |
|-----------------|-------------------------------|--|--|--|
| | | 620 Wells Rd, Orange Park, FL 32073 | | |
| 3:00pm - 6:00pm | Complimentry TT Bike Check, M | U23/MW 17-18 Only | | |
| 6:30pm | Manager/Driver Meeting M U23/ | Cat 1 Men | | |
| 7:00pm | Caravan Drivers Training | | | |

THURSDAY • JUNE 24 | INDIVIDUAL TIME TRIAL • Treat Road

| 6:30am - 2:30pm | Packet Pick-up (NO day-of re | | |
|---------------------------------|------------------------------|-----|--------|
| 7:30am (60 sec intervals) | Men U23 (19-22) | 32k | |
| To Follow | Men Cat 1/Open | 32k | |
| after 40km TT | Awards | | ONSITE |
| To Follow (30 second intervals) | Women Junior 17-18 | 20k | |
| To Follow | Men Junior 17-18 | 20k | |
| To Follow | Women Junior 15-16 | 20k | |
| To Follow | Men Junior 15-16 | 20k | |
| after 20km TT | Awards | | ONSITE |
| To Follow (30 second intervals) | Women Junior 13-14 | 10k | |
| To Follow | Men Junior 13-14 | 10k | |
| To Follow | Women Junior 11-12 | 10k | |
| To Follow | Men Junior 11-12 | 10k | |
| 6:30pm | Awards | | ONSITE |
| | | | |

FRIDAY • JUNE 25 | ROAD RACE • Camp Blanding

| 6:30am - 3:00pm Packet Pick-up (NO day-of registration) | | | | | |
|---|----------------------------|----------------|-------------------------|--|--|
| 7:00am | Women Junior 17-18 | 4 laps x 19.6k | U23 & Junior 15+ Course | | |
| 9:35am | Women Junior 15-16 | 3 laps x 19.6k | U23 & Junior 15+ Course | | |
| 11:40am | Men Junior 17-18 Cat 1/2/3 | 6 laps x 19.6k | U23 & Junior 15+ Course | | |
| 3:30pm | Men Junior 15-16 Cat 1/2/3 | 4 laps x 19.6k | U23 & Junior 15+ Course | | |
| | Session 1 Awards (W 15-18) | | ONSITE | | |
| | Session 2 Awards (M 15-18) | | ONSITE | | |
| 6:15pm | Women Junior 13-14 | 4 laps x 8k | Junior U15 Course | | |
| 6:20pm | Women Junior 11-12 | 3 laps x 8k | Junior U15 Course | | |
| | Session 3 Awards (W 13-14) | | ONSITE | | |
| After Last Race (appr 7:30 pm) Awards (W 11-12) ONSITE | | | | | |





SATURDAY • JUNE 26 | ROAD RACE • Camp Blanding

| 6:30 - 3:00pm | Packet Pick-up (NO day-of registration) | | | | |
|-----------------|---|--------------------------|-------------------------|--|--|
| 7:00am | Men Cat 1 | Men Cat 1 9 laps x 19.6k | | | |
| 11:45am | Men U23 19-22 Pro/Cat 1/2 | 9 laps x 19.6k | U23 & Junior 15+ Course | | |
| 12:45pm | Cat 1 Awards | ONSITE | | | |
| After Last Race | Men U23 Awards | ONSITE | | | |
| 4:45pm | Men Junior 13-14 | 5 laps x 8k | Junior U15 Course | | |
| 6:20nm | Men Junior 11-12 | 3 laps x 8k | Junior U15 Course | | |
| 6:30pm | Men Junior 11-12 | 5 laps x 6k | Samor Old Coarse | | |

SUNDAY • JUNE 27 | CRITERIUM • Fleming Island

| 7:30am - 7:45am Course Preview 8:00am Criterium Women Junior 13-14 30 min 8:45am Criterium Women Junior 11-12 20 min 9:20am Criterium Women Junior 15-16 30 min 10:05am Criterium Women Junior 17-18 45 min 11:05am Awards ONSITE |
|--|
| 8:45am Criterium Women Junior 11-12 20 min 9:20am Criterium Women Junior 15-16 30 min 10:05am Criterium Women Junior 17-18 45 min |
| 9:20amCriterium Women Junior 15-1630 min10:05amCriterium Women Junior 17-1845 min |
| 10:05am Criterium Women Junior 17-18 45 min |
| |
| 11:05am Awards ONSITE |
| |
| 11:00am - 11:15am Course Preview |
| 11:30am Criterium Men Junior 11-12 20 min |
| 12:05pm Criterium Men Junior 13-14 30 min |
| 12:50pm Criterium Men Junior 15-16 Cat 1/2/3 45 min |
| 1:50pm Criterium Men Junior 17-18 Cat 1/2/3 60 min |
| 3:05pm Awards ONSITE |
| 3:00pm - 3:15pm Course Preview |
| 3:30pm Criterium Men U23 19-22 Pro/Cat 1/2 75 min |
| 5:00pm Criterium Men Cat 1 75 min |
| 6:45pm Awards ONSITE |

OFFICIAL EVENT WEBSITE

usacycling.org/events/national-championships/2021-amateur-road

USA Cycling Permit 2021-3445

Race Director | Kevin Benjamin | kbenjamin@usacycling.org

Chief Referee | Mimi Newcastle | m_a_newcastle@yahoo.com

Chief Judge | Michael Conlan | conlanmi@gmail.com



NATIONAL CHAMPIONSHIP COVID-19 PROTOCOL

Below you will find final event COVID protocol for Amateur Road Nationals. This protocol is a mixture of UCI COVID protocol, information from the CDC, as well as from our Chief Medical Officer. We ask that all of these protocols be followed while at the event as we have athletes who do not qualify for the COVID-19 vaccine.

1. Testing requirements

- a. Type of test required- PCR or antigen testing
- b. Who is required to test
 - i. Every racer and team support staff who hold a license such as a DS or mechanic who are in team cars.
- c. Timing of testing is within 3 days of number pickup/onsite registration. A timeline can be found here, s3.amazonaws.com/usac-craft-uploads-production/assets/AM-RD-COVID-Testing-FINAL.pdf
- d. Test results will be required to pick up numbers
 - i. If someone has tested positive and they have already arrived in Knoxville- please contact Tara McCarthy, tmccarthy@usacycling.org for further guidance.

2. Mask requirements

- a. All riders and staff wear masks during meetings and up to the start line
- b. Support staff in cars are required to wear masks
- c. Spectators are required to wear masks

3. General requirements

a. Daily self-health check,

AmateurRoadNats

www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html
b. Contact Tara McCarthy, tmccarthy@usacycling.org if athlete or team staff is showing
symptoms or are alerted that someone they've been in close contact is showing
symptoms for further guidance.
c. Maintain social distancing
d. No contact at the finishline or awards ceremony

4. Registration and packet pickup procedure

- a. Test results are required
- b. Masks must be worn
- c. Athletes 18 plus must pick up their numbers by themselves.
- d. Athletes under 18 may have a team support staff or parent come to registration with them
- e. This applies to bike check for U23 and 17-18s as well

5. Start procedure

- a. Riders must wear masks until directed by officiating staff at the start line to remove masks
- b. Trash cans will be available for discard if athlete wishes to throw out their mask

6. Feedzone procedure

a. Athlete support staff/parents need to be masked

7. Finish procedure

a. No contact

8. Results procedure

- a. QR code is posted in the tech guide
- b. A form will be emailed to all participants asking for current contact information to ensure riders and team staff receive results.

9. Protest procedure

a. We will determine whether protests will be accepted via form or in person.

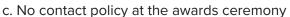
10. Anti-doping procedure

a. Mask are required for all athletes and support staff if athlete has been selected for anti-doping testing.

11. Awards procedure

- a. One athlete support in awards area
- b. Masked

i. Will have extra masks on hand for athletes





Each event specific COVID-19 protocol will identify a local testing location if participants are unable to receive a test in their home state. Receiving a negative test is still required prior to participation in the event.

It is also recommended that you follow all local, state, and CDC guidance after you travel.

FACE COVERINGS

The following are ACCEPTABLE face coverings:

- Fabric face coverings that cover both the nose and the mouth
- N95 or KN95 mask that covers both the nose and the mouth
- · Medical mask that covers both the nose and the mouth

The following are **NOT ACCEPTABLE** face coverings:

- · Masks with valves, mesh, or holes of any kind
- Neck gaiters
- Open-chin triangle bandanas
- Face shields without additional nose and mouth coverings
- Approved face coverings that do not cover both nose and mouth

Participants are responsible for providing their own face coverings, though if someone forgets their mask, additional masks will be available at multiple locations at the venue.

REVIEW PROCESS

If anyone receives a positive COVID-19 PCR test result, while remaining asymptomatic, on route to the event, they will have the opportunity to test out with two negative COVID-19 PCR tests one day apart, prior to training or competition. Prior to receiving two negative results that individual must quarantine and will forfeit the ability to compete if they are observed not quarantining.

EVENT CHANGES

Event changes are possible in the lead up to each National Championship as the situation changes. We will continue to update people via the event websites, our National Championship newsletter, along with direct communication to registered riders.

ACCESS RESTRICTIONS

To help prevent congestion in the normal gathering areas there will be a new process for the below listed zones. This will be discussed in the virtual preevent meetings, as well as in each event's detailed COVID-19 procedures.

- Registration
- Race start
- Finish line
- Feedzone/techzone/infield/pit
- Awards

DURING THE EVENT

In the event that participants, team staff, or event staff are showing COVID-19 symptoms or have tested positive; USA Cycling and the COVID-19 coordinator in alignment with the local health department will determine if the event would be cancelled for the safety of the entire racing community, as well as the local community.

UNITED STATES ANTI-DOPING AGENCY



The United States Anti-Doping Agency is the independent anti-doping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating doping in sport, preserving the well-being of sport, and ensuring the health of athletes through drug testing, research initiatives, and educational programs.

SELECTION OF RIDERS FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. Noncompliance or refusing to be tested will result in the same penalties as a doping violation.

For more detailed information concerning USADA protocol and banned substances, please visit the USADA website at www.usantidoping.org.

All athletes should check the USADA Anti-Doping Station once they complete their race. If athletes are selected for testing, numbers of selected riders will be posted here. Due to Covid 19 Protocols, there will not be a Results board on-site. All results will be posted online.

RESULTS

Due to Covid 19 Protocols, there will not be a Results board on-site. All results will be posted online **HERE**

The protest period is 30 minutes after results posting, after which time they become FINAL. In accordance with Covid 19 protocol, all protests



must be lodged via electronic document found by scanning QR code labeled "Protests" placed around venue.

Final results will also be posted to the USA Cycling website

AWARDS

All podiums will be presented on-site during each race event per day, according to the schedule laid out within Official Race Schedule.

The top-3 male finishers in the UCI categories U23 and Jr 17-18, and the top-5 finishers in each category are required to participate in the appropriate award ceremonies. The riders must report to the awards area at the appropriate times.

No bikes will be allowed on the podium during the ceremonies. The US National Champion's jersey will be presented for all categories with at least one official finisher.

Awards will be presented at scheduled ceremonies, please pay attention to the timeline for the proper time of your award ceremony.

MEDICAL

Medical and EMS support will be on-site at all race venues by the Clay County Fire & Rescue Department. In the event of a transport, unless specified otherwise, patients will be taken to:

Road Race and Time Trial:

North Florida Regional Medical Center (Starke) 922 E. Call St. Starke, FL 32091 (904) 452-2200

Criterium:

St. Vincent's Clay 1670 St. Vincent's Way Middleburg, FL 32068 (904) 602-1000

* Reminder: Injured riders that will utilize USA Cycling's Supplemental Health Coverage, must have a First Report of Occurrence form completed. Forms may be collected and completed at the event registration locations.

NEUTRAL SUPPORT

Neutral technical support will be provided throughout the event.

CALL-UP PROCEDURES

Time Trial: Races will start with unranked riders, followed USA Cycling ranked riders, followed by previous year's podium finishers if in the same age group, followed by aged up national champion, followed by the defending national champion.

Road Race and Criterium: Defending national champion, aged-up national champion, previous year podium (top 5), followed by a descending order of USAC rankings in age group.

VEHICLES

Team vehicles will be allowed during the M-U23 and M-CAT1 Individual Time Trial and Road Race. No other team vehicles will be allowed in any other race.

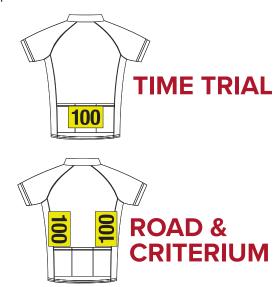
GREEN ZONE

Riders are prohibited from discarding water bottles or other refuse anywhere other than the designated green zones. Green Zones will be in use during the road race in Camp Blanding, FL. They will be placed shortly before and after the feed zone and the neutral feed zone and will be clearly marked with signage. Additional Green Zones will be placed on course and clearly signed and identified in Team Mgr meeting.

NUMBER PLACEMENT

Numbers shall not be cut, folded, or otherwise altered. Altering a number, covering or bad placement may result in fines and lack of results.

- Time trial: A single number should be placed, low and centered on the back of the rider's jersey.
- Road Race and Criterium: Numbers shall be placed so as to be seen from the sides by the officials and the photo-finish camera above the finish line.
- Bike frame numbers will be supplied and are required.



FEED ZONE

USA Cycling road race feeding rules: Individual road race- 3C5(a), 3C5(b), 3C5(c) HERE The feed zones are located on:

19.6km Circuit - West Gate Rd after right hand turn off of Duval Rd past Start/Finish.

No parking is allowed on West Gate Rd or Duval Rd. All feedzone supplies must be walked from event parking to the feedzone.

8km Circuit - Avenue D between Avon Park Ave and Eustis St. All feedzone supplies must be walked to the feedzone.

Feeding will be allowed from the right side (rider right) of the road only.

Lap feeding will be communicated based on weather condition in the nightly rider communique.

SEVERE WEATHER GUIDELINE

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion or other dangerous conditions. In preparation for the upcoming Collegiate Road National Championships in Clay County, FL; USA Cycling and a cross section of key constituents have created the following plan to help mitigate any weather-related risks while respecting the unique racing conditions of the sport.

In the case of severe weather, the following group would be empaneled to make decisions regarding the conduct of the race(s):

- Race Director: Kevin Benjamin
- USA Cycling Director of National Events: Tara McCarthy
- Local Organizing Committee: Joel Lamp
- Team Mgr to be chosen prior to event time by USA Cycling
- · Chief Referee: Mimi Newcastle

Other staff and experts may be included and consulted based on the specific conditions.

CONVENING THE PANEL

This panel would be immediately convened under the following circumstances:

- A NOAA special weather statement is issued for the race venue.
- Severe cold/heat and/or wind anticipated within 72 hours.
- Freezing rain, heavy snow or other threatening precipitation is forecast.
- Other atmospheric conditions that could affect the health and welfare of athletes, spectators, staff, and volunteers.
- Road conditions, travel and transportation to and from the venue, poses danger to volunteers, staff, spectators, or athletes.

Any member of the panel would also be empowered to request that the group convene based on conditions out-side of those mentioned above.

ACTIONS

The following actions may be taken based on the forecast and conditions:

- No direct action/monitor situation
- Modification of the course
- · Change of start times (e.g. later starts when warmer or precipitation has stopped)
- Combining of classes and categories
- Shortening of individual races
- · Change of start date
- Cancellation

In addition to the above actions affecting race participants, the following actions may be considered in relation to spectators, staff and volunteers:

- · Increased medical staffing
- Warming/cooling areas provided
- Decrease in shift times/exposure

These lists are not exhaustive, and may be used in combination or separately on different days or at different times.

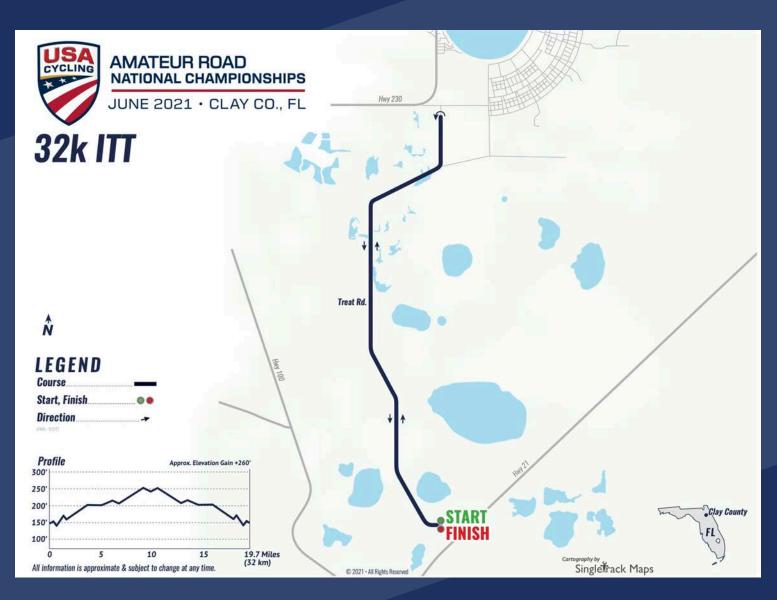
COMMUNICATIONS PLAN

Status updates, and if needed revised schedules, will be communicated to the affected parties through a variety of methods:

- · An e-mail update will be sent directly to registered athletes/participants by USA Cycling
- USA Cycling will utilize its social media platforms to provide outreach to spectators and volunteers
- Venue announcements will be used in the case of on-site modifications and notifications, using Public Ad-dress System and posted materials at Race Office/Awards Stage.
- Credentialed media will be provided with updates through USA Cycling communications staff

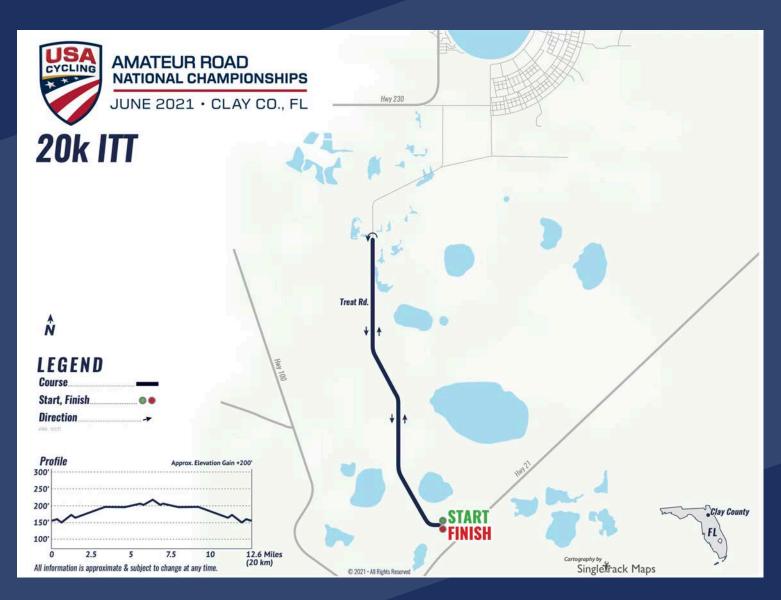


TIME TRIAL MAPS



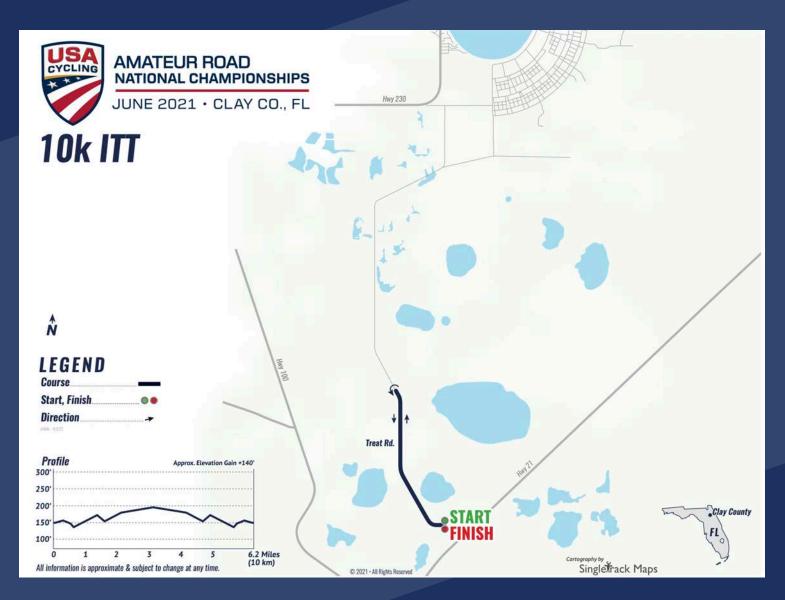


TIME TRIAL MAPS





TIME TRIAL MAPS





INDIVIDUAL TIME TRIAL VENUE OVERVIEW





ROAD RACE MAPS





ROAD RACE MAPS





ROAD RACE VENUE OVERVIEW





CRITERIUM MAP





CRITERIUM VENUE OVERVIEW



RULES & QUALIFICATIONS

All races are run solely under USA Cycling's regulations, except where specifically noted that UCI regulations prevail.

The following is a brief overview of USA Cycling National Championship rules. For complete championship regulations, please see Chapter 7 National Championships.

Individuals attempting to pre-ride the course prior to the event or any scheduled practice day may encounter hazards including incomplete course construction or obstructions. The course may also cross private property and is also subject to change.

Those individuals pre-riding the course do so entirely at their own risk.

LICENSE/CITIZENSHIP/RESIDENCY REQUIREMENTS

ALL NATIONAL CHAMPIONSHIP PARTICIPANTS MUST HAVE A CURRENT USA CYCLING ANNUAL LICENSE OR VALID UCI FOREIGN FEDERATION LICENSE AS DEFINED BELOW. In 2021 USA Cycling is pleased to offer 18 and under riders with a free domestic annual license. Riders must also be licensed for the category in which they are attempting to register. If you do not have a current and valid USA Cycling annual license, the easiest way to obtain one is via the USA Cycling website at www.usacycling.org. You may purchase, renew and/or request a category upgrade online on your My USA Cycling page.

JUNIOR 17-18, MEN U23: Must be a United States citizen and have a current

- USA Cycling International License with a USA racing nationality or
- A foreign International License with a USA racing nationality and a UCI ID* or
- USA Cycling Domestic Annual License with a UCI ID*

JUNIORS 16 AND UNDER, AMATEUR MEN: Must be a United States citizen or Permanent Resident (verified) and have a current:

- USA Cycling International License with a USA racing nationality indicated or
- A foreign International License with a USA racing nationality and a UCI ID* or
- USA Cycling Domestic Annual License with a UCI ID*

*UCI ID: To compete in a USA Cycling National Championship, riders must have their date of birth, gender and citizenship or permanent resident status verified. Having verified this information, a free UCI ID is issued. If a UCI ID is not currently displayed on your license, log into your USA Cycling My Account and look for this in your Profile link. If these items are not listed or are incorrect, please do the following to update your account:

Create a copy of your birth certificate or passport and Permanent Resident Status (Green Card) as it applies, and mail, email or fax (719-434-4300) it to USA Cycling.

A UCI ID is your lifelong, internationally unique, identity number to confirm your racing status and maintain your privacy in internationally published registration and results documents.

YOU DO NOT NEED TO REPRINT OR PURCHASE A NEW LICENSE ONCE YOUR ACCOUNT IS UPDATED

CATEGORY & ELIGIBILITY REQUIREMENTS

At the time of registration, all participants competing in the USA Cycling Amateur Road National Championships MUST hold the minimum required category for their respective races as noted below. Riders will compete in their respective age-group based on their official racing age determined on December 31, 2021. "Racing up", per 1H4(c) is not allowed in this event. Due to the impacts of COVID, USA Cycling will allow riders who do not meet category restrictions to petition for an exception to compete. Such riders must provide a detailed race resume showing progress in category and experience racing in large and experienced fields.

Please click here to submit a petition to compete.

INDIVIDUAL TIME TRIAL

Open to ALL categories – men's and women's categories 1-4 and Novice.*

| ROAD RACE & CRITERIUM | | | | | |
|-----------------------|--|--|--|--|--|
| JUNIOR MEN 11-14 | Open to ALL men's categories 1-4 and Novice. | | | | |
| JUNIOR MEN 15-16 | Restricted to men's road categories 1-3. | | | | |
| JUNIOR MEN 17-18 | Restricted to men's road categories 1-3. | | | | |
| | Participants MAY race in both their age group and/or the Amateur Men's, Cat. 1, race, subject to category restrictions. | | | | |
| JUNIOR WOMEN 11-18 | Open to ALL women's road categories 1-4 and Novice. | | | | |
| U23 MEN | Restricted to road category 1-2 participants, as well as eligible U23 professionals. U23 members of any UCI-registered road trade team, WorldTeam, Pro Team and Continental, are eligible. | | | | |
| | U23 participants MAY race in both their age group and the Amateur Men's, Cat. 1, race subject to category restrictions. | | | | |
| AMATEUR MEN | Restricted to road category 1 only. | | | | |
| | Members of any UCI-registered road trade team; WorldTeam, Pro Team and Continental, are not eligible to compete in the Amateur Men's Road National Championships. | | | | |

^{*} U23 and Amateur Women's road and criterium competitions are combined and conducted at the Pro Road Chamsaidsnoia.

START & CALL-UP PROCEDURES

The below is the call up procedure we have used for past Amateur Road Nationals. With the lack of racing in 2020 and at the start of 2021 we are still determining the system we will use for call ups. This document will be updated shortly with the final call up procedures.

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ROAD RACE & CRITERIUM

Races will start with unranked riders, followed USA Cycling ranked riders, followed by last year's podium finishers if in the same age group, followed by aged up national champion, followed by the defending national champion.

Defending national champion, aged-up national champion, previous year podium (top 5),

+ next highest in USAC rankings in age group.

MEN & WOMEN JUNIOR 17-18 & MEN U23

EQUIPMENT REGULATIONS

1. All UCI rules for bicycles AND components, will be in force for road national championship races in these classes. For more information, reference Part 1, Section 3 of the UCI Rulebook or review the following UCI Equipment and Material page with detailed information on equipment, verification and

measurements of the bicycle that you will encounter. There is a helpful UCI Video that demonstrates the verification of dimensions on this page.

- 2. Socks and overshoes used in competition may not rise above the height defined by half the distance between the middle of the lateral malleolus and the middle of the fibula head. (UCI article introduced on 15.10.18)
- 3. Disc brakes are allowed.
- **4.** Following is a brief overview of the key UCI bicycle regulations.
 - a. Weight of the bike shall be a minimum of 6.8 kilograms.
 - b. Wheels must be of the same diameter, between 55.0 and 70.0 cm.
 - c. Wheels used in road races (time trial is not a road race) must have at least 12 spokes and be listed on the UCI's approved wheel list/UCI's Non-standard wheels list, or have at least 16 metals spokes and meet the other specifications of a traditional wheel per UCI regulation 1.3.018.
 - d. Frames must be of a double triangle configuration.
 - e. The nose of the saddle must be at least 5cm behind the vertical plane of the center bottom racket.**
 - f. The angle of the saddle must be within 9 degrees of horizontal, up or down, measured by a plane passing through the highest points at the front and rear of the saddle.
 - g. The end of handlebar extensions can extend no further forward than 75cm, measured from a vertical line through the center of the bottom bracket, to the end of the handlebars**. The end of the handlebars includes the end of the shifter mechanism in its maximum forward position.
 - h. All components, handlebars, seat posts, etc., must meet the UCI 3:1 aerodynamic ratio rule.
 - i. Equipment presented at bike check may not be modified to meet rules, e.g. no cutting/grinding of frames, no sawn-off saddles or shifters.
 - i. Extensions must have two hand holds. Elbow pads must be two separate pieces with a maximum size of 12.5 cm x 12.5 cm and have a maximal inclination of 15 degrees.
 - k. Height difference between uppermost part of the extension and the elbow pad (center) is 10 cm.
- **Morphological exceptions: One exception is allowed, either for saddle position or handlebar position***.
 - For personal fit, the nose of the rider's saddle can be as far forward as the vertical line drawn through the center of the bottom bracket.
 - For personal fit, the horizontal measurement of the handlebar extensions may be up to 80 cm as noted above.
 - For riders 190cm or taller this distance may be increased to

^{***}No rider can take both morphological exceptions.

15-16 & AMATEUR MEN

- **1.** In general, the regulations for bicycles are those of USA Cycling. Please refer to section 1I Bicycles, in the USA Cycling rulebook: **Chapter 1 General Regulations** The main points are:
 - a. Bicycles may be no more than 2 meters long and 75 cm wide.
 - **b.** There may be no protective shield, fairing, or other device on any part of the bicycle, which has the effect of reducing air resistance except that spoke covers may be used. (Tri-bike tool pods, extreme water bottles).
 - c. Wheels may be made with spokes or solid construction.
 - d. The handlebar ends shall be solidly plugged.
 - **e.** Handlebars with ends, features, or attachments that extend forward or upward or that provide support for other than the rider's hands are permitted only in time trial events.
- f. Brake controls attached to the handlebars and operable with the hands. Per USA Cycling regulations, these additional UCI regulations will be in effect for mass start events and individual time trials:
 - g. Bicycle frames must be of double triangle construction.
 - h. Wheels must be of the same diameter, between 55.0 and 70.0 cm.
- **2.** Junior gear development (roll-out) is limited to 26' and no blocked or restricted gears are allowed. Regulation 114(a)
- 3. Disc brakes are allowed in all events and categories.

14 & UNDER

- **1.** Juniors, race age 14 and younger, are restricted to massed-start bicycles in the road race and time trial
- **2.** These bicycles must also have wheels with at least 16 spokes and no wheel covers may be used
- **3**. A gear development limit (roll-out) of 26' is in effect, no blocked or restricted gears. Regulation 114(a)
- 4. Disc brakes are allowed in all events and categories.





USA CYCLING PARTNERS







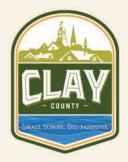






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