



2022

Pro Road

National Championships

Technical Guide



PRO ROAD NATIONAL CHAMPIONSHIPS

JUNE 2022 • KNOXVILLE, TN

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USA Cycling

Pro Road National Championships

210 USA Cycling Point, Suite 100
Colorado Springs, CO 80919

SUMMARY

As we get ready to see you at this year's National Championships, we will be implementing an on-site COVID-19 protocol to ensure the safest event possible under these extraordinary circumstances.

Staff Requirements

All event staff will be held to COVID-19 protocols, and you can expect the following of them:

- Will not work if feeling sick or ill, have a fever or experiencing flu-like symptoms, or have been in close contact with someone who has COVID or is experiencing COVID symptoms.
- Event staff must be fully vaccinated, not inclusive of any booster.
- Will wash their hands with soap and water for 20 seconds or use hand sanitizer with at least 60% alcohol after using the restroom, coughing/ sneezing, blowing their nose, eating, or when required on site.
- Will clean high-touch surfaces and areas.
- Will cover their mouth if they need to cough or sneeze and will not spit around others and avoid touching their face, eyes, nose, or mouth.

Rider and Support Requirements

All riders and support staff must comply with the following guidelines. This list is not exhaustive, and anyone looking for loopholes that create an unsafe situation will be asked to leave the venue.

- Do not participate if you feel sick or ill, have a fever or experiencing flu-like symptoms, or have been in close contact with someone who has COVID or is experiencing COVID symptoms.
- Persons from high-risk groups for COVID-19 complications should consult their physician before participating.
- Must have proof of vaccination or receive a negative PCR or antigen test within 72 hours of competing.
- Will complete a daily self-health check.
- Should minimize community contact for 14 days before travel.
- Do not share water bottles.
- Cover your mouth if you need to cough or sneeze, do not spit around others, and avoid touching your face, eyes, nose, or mouth.

Review Process

If anyone receives a positive COVID-19 test result while remaining asymptomatic, on route to the event, they will have the opportunity to test out with two negative COVID-19 tests one day apart, before training or competition. Before receiving two negative results, that individual must quarantine and forfeit the ability to compete if they do not quarantine.

SafeSport

USA Cycling is proud to partner with SafeSport to provide a safe and secure event for all athletes, ensuring their equitable treatment by all event staff. All key staff involved in Pro Road have been checked through SafeSport to ensure the best opportunity for athletes to compete safely.



USA CYCLING STAFF

President & CEO	Brendan Quirk
Chief of Racing and Events	Chuck Hodge
Technical Director	Bonnie Walker
Director of National Events	Tara McCarthy
Race Director	Brian Myrick
Media Operations Manager	Tom Mahoney

MEDALIST SPORTS STAFF

Owner/President	Chris Aronhalt
VP, Events	Tori Trice
VP, Technical	Chris Reed
Project Director	Mel Blakey
Technical Director	Will Smith
Production Director	Abbi Whitney
VP, Finance	Angela Ewers
Volunteer Director	Tim Tidwell
Operations Director	Larkin Morris
Client Services Manager	Shannon Callan
Event Safety Manager	Dr. Michael Roshon

RACE SERVICES

Timing and Results	One2Go Event Services
Neutral Support	Shimano
Medical	UT Medical
Radio Tour	Bonnie Walker

RACE OFFICIALS

President of the	Andrew McCord
Commissaire's Panel	
Commissaire	Phil Miller
Commissaire	Tom Nee
Chief Judge	Mitch Beckner
Assistant Judge	Alissa Weigand
Motoref	David Fowkes
Motoref	Steve Crews
Motoref	Zach Maino
Timeboard	Vicki Mackzum
Timeboard Pilot	Al Hennigan
Motor Pilot	Tony Philpin
Motor Pilot	Barry White
Motor Pilot	Shaun Weigand

A SPECIAL THANKS TO THE CITY OF KNOXVILLE, CITY
OF OAK RIDGE, TDOT,
AND THE KNOXVILLE AND OAK RIDGE POLICE
DEPARTMENTS.

SUMMARY OF MEETINGS

Race Office Hours
Women's Basketball Hall of Fame
700 S. Hall of Fame Drive, Knoxville TN

Wednesday	4:00 pm - 5:30 pm
Friday	12:00 pm - 6:00 pm
Saturday	4:00 pm - 7:30 pm

Monday, June 20

Course Marshal Orientation 6:00 pm - Virtual

Tuesday, June 21
Dick's House of Sport

Course Marshal Check-In 6:00 pm - 8:00 pm

Wednesday, June 22
WBBHOF

Team Enrollment (ITT)	4:00 pm - 5:00 pm
Managers Meeting (ITT)	5:00 pm - 5:30 pm
Official's Meeting	5:30 pm - 6:00 pm
Medical Meeting	6:00 pm - 6:30 pm
Course Marshal Check-In	6:00 pm - 8:00 pm
All Staff Meeting	7:00 pm - 7:30 pm

Friday, June 24
WBBHOF

Team Enrollment (Crit)	12:00 pm - 6:00 pm
Team Parking	
Team Enrollment (Crit)	4:30 pm - 6:30 pm

Saturday, June 25
WBBHOF

Volunteer Meeting (RR)	4:00 pm - 6:00 pm
Team Enrollment	4:00 pm - 5:45 pm
Team Managers Meeting (RR)	
Women	6:00 pm - 6:30 pm
Men	6:30 pm - 7:00 pm
Caravan Driver Training	7:00 pm - 7:30 pm
Moto/Drivers Meeting	7:30 pm - 8:00 pm

Media Check in/Work Room - Bijou Theatre
803 S. Gay St. Knoxville

Friday	4:30 pm - 10:30 pm
Sunday	8:00 am - 5:30 pm

**USA Cycling Pro Road Championships
June 23-26, 2022
Specific Regulations**

ARTICLE 1. ORGANIZATION

The USA Cycling Pro Road Championships is organized by USA Cycling and Medalist Sports, LLC under the regulations of USA Cycling and the International Cycling Union. It is to be held from June 23-26, 2022.

The Secretary General for the race is Chuck Hodge, Chief of Racing and Events. The organization's address is:

USA Cycling Pro Road Championships
USA Cycling
210 USA Cycling Point, Suite 100
Colorado Springs, CO 80919
1-719-434-4200

ARTICLE 2. TYPE OF EVENT

Both the Time Trial and Road Race are CN events.

The event is held under the rules of the UCI and USA Cycling, USA Cycling Permit number 2022-5724.

The Criterium will be held under the rules of USA Cycling.

ARTICLE 3. PARTICIPATION

The event is open to United States citizens only. Men must be 19 years old and members of UCI registered professional teams (Pro Team, Pro Continental or Continental) registered Domestic Elite Teams or otherwise meet the selection criteria. Women must be on a UCI registered team, a USA Cycling registered Domestic Elite Team, or hold a category 1 or 2 international license.

ARTICLE 4. RACE HEADQUARTERS

The race headquarters shall be open during the designated hours and is located at the Women's Basketball Hall of Fame, 700 Hall of Fame Drive, Knoxville TN 37902. Alternately, you may contact race staff located at the Hilton Knoxville 1st floor conference room located at 501 West Church Ave. Knoxville, TN 37902.

Team representatives are requested to confirm their starters and collect their race numbers at the race headquarters from 4:00 - 5:00 pm on Wednesday, June 22 for the Time Trial, and 5:00 - 6:00 pm on Saturday, June 25 for the Road Race.

The team managers' meetings, organized in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires Panel, are scheduled for Women and Men at 5:00 pm on Wednesday, June 22 (Time Trial), and 6:00 pm (Women) and 6:30 pm (Men) on Saturday, June 25 (Road Race).

ARTICLE 5. RADIO TOUR

Radio Tour will be broadcast on frequency 464.625Mhz. Radios will be provided to teams and must be returned at the end of each race.

ARTICLE 6. NEUTRAL TECHNICAL SUPPORT

The technical support service is handled by Shimano. The neutral support during the road race is taken care of by means of:

- 2 automobiles
- 1 motorcycle

There will be neutral support at the Time Trial course and neutral support at both wheel pits on the criterium course

ARTICLE 7. ANTI-DOPING

Anti-Doping will be carried out by the United States Anti-Doping Association (USADA).

The anti-doping tests will take place at a dedicated location after each stage. Please see the section on anti-doping for specific information.

ARTICLE 8. AWARDS CEREMONY

In accordance with article 1.2.112 of the UCI rules, the top three riders will present themselves at the podium within 10 minutes of crossing the finish line.

ARTICLE 9. PENALTIES

The UCI penalty scales apply to time trial and road race while USA Cycling penalty scales apply to the criterium.

ARTICLE 10. CONTROLS

Starts: A pistol blank will be fired under the control of the Commissaires to start the Criterium and Road Race. In the time trial, one of the Commissaires will start each of the racers.

Feed Zone: The feed zone will be marked with A-Frame signs denoting 1 kilometer, Begin Feed Zone, and End Feed Zone. Immediately before and after the feed zone will be waste and recycling zones.

Distance Markers:Road Race

A-Frame run-in signs will denote 30 kilometers from the start.

A lap counter will be utilized in the road race with signs indicating 3, 2, 1 kilometer(s) and 300, 200, 150, 100 and 50 meters to go. At 1-kilometer to go two A-Frame signs will be on either side of the road.

Time Trial

Due to the multi-lap nature of the course, A-Frame will count down the final 3, 2 and 1 kilometer to go, along with the meter marks listed above.

ARTICLE 11. RESULTS

Results will be released after the Chief Judge signs them.

ARTICLE 12. LOCAL LAWS

It is against the law to urinate in public in the State of Tennessee, and by doing so you may be cited by local law enforcement and penalized by the race jury. Portable toilets will be located adjacent to the start line. Please obey all traffic laws, speed limits and the directions of law enforcement.

ARTICLE 13. RIDER IDENTIFICATION

During criterium and road races, all competitors must use the frame number plate and body numbers as supplied. One body number is to be worn in the Time Trial.

Note that different numbers will be issued for each event.

ARTICLE 14. DISMISSAL

Where it is deemed that the image or reputation of the USA Cycling Pro Road National Championships may be blemished, notably with regard to anti-doping laws, through the behavior of any member of a trade team (management or athlete), the organizer reserves the right at any time during the race to exclude the rider(s) or the team member involved from the race.

ARTICLE 15. CARAVAN DEVIATION

All caravan vehicles are required to use the caravan deviation provided in the last 250 meters of the Road Race and 50m to go in the Time Trial.

TIME TRIAL SPECIFIC RULES**ARTICLE 16. START ORDER**

The starting order will be determined by the Race Organization and Commissaires Panel. Riders shall start in waves at one-minute intervals.

Past Time Trial Champions will start in the final wave with other waves determined by UCI points.

ARTICLE 17. UCI BIKE CHECK

All starters must have their bikes checked for compliance with UCI rules. The bike check area will be immediately behind the start ramp and will be available for bike check a minimum of one hour prior to race start.

Riders should report 15-minutes before their start. The bicycle may not leave the area once it has been checked without being rechecked.

ARTICLE 18. ROAD CENTERLINE

Riders are reminded that many sections of the course will be ridden with riders passing in opposite directions. Such areas will be denoted via cone delineator and/or fencing.

ARTICLE 19. FOLLOW VEHICLES

Team vehicles must use care when passing through the finish area as other riders may be starting and merging in to the course. All follow vehicles must yield to starting riders.

All follow vehicles must be driven by a license holder. For the Time Trial, drivers of follow vehicles must have a current license from a recognized National Federation and be current on USA Cycling's Caravan Safety Training. Sedans, mini vans and other similarly sized vehicles may be used, however no full size passenger vans are allowed. Please be prepared to show licenses of all drivers participating in the Time Trial at the confirmation of starters.

CRITERIUM SPECIFIC RULES**ARTICLE 20. RIDER STAGING**

Rider staging for the women's race will be on course, north of Church Avenue and for the men's race it will be on Clinch Avenue west of the course. The men's race participants will be moved onto course staging north of Church Avenue 10 minutes before start. Riders will be called to the line from this location approximately 5 minutes before start.

ARTICLE 21. FREE LAP RULE

The Criterium will be run under USA Cycling regulations in regards to free laps. Riders must follow the course to wheel pit areas.

ARTICLE 22. OUT OF CONTENTION

Riders deemed out of contention will be asked to withdraw. Any rider in danger of being lapped will be considered out of contention and removed. If removed at Start/Finish, please leave course immediately.

ARTICLE 23. RIDERS GAINING A LAP

All riders will finish on the leader's lap.

ROAD RACE SPECIFIC RULES**ARTICLE 24. RIDERS OUT OF CONTENTION**

In order to provide for civilian traffic flow during the Road Race, riders deemed out of contention will be asked to withdraw. Any rider in danger of being lapped will be considered out of contention and removed. If removed at Start/Finish, please leave course immediately. If removed by a motor out on course, pull over until race has passed, then proceed back to team parking following all traffic laws.

ARTICLE 25. STARTS

Competitors must confirm their participation in the Road Race by signing the signature control sheet. Signature confirmation will open 1 hour prior to start and will close 10 minutes before starting time. The table will be staffed by an Assistant Commissaire and will be identified with a sign reading "Racer Sign-In."

ARTICLE 26. FOLLOW VEHICLES

To have a Team vehicle in the caravan, riders must meet the participation requirements, and a team representative must attend the managers meeting. For the Road Race, only UCI and Domestic Elite Teams will be allowed cars in the caravan. Drivers must hold a UCI Support License and be current on USA Cycling's Caravan Safety Training. Note, UCI license generally requires SafeSport and background checks and must be purchased prior to the race.

All Team vehicles must be driven by a UCI compliant license holder.

Only Team vehicles equipped to support riders (spare wheels, mechanic, etc.) will be allowed in the caravan. Vehicles must meet UCI height requirements (1.66m or 65.4in).

ARTICLE 27. FEEDING

For women, feeding will be open on laps 4 through 8 of the 10 lap race. For men, feeding will be open on laps 4 through 15 of the 17 lap race.

USAC PRO ROAD CHAMPIONSHIPS POINT SYSTEM

UCI Points will be awarded to both Men and Women according to the following table.

Place	TT	RR
	Women	Women
1	50	100
2	30	75
3	20	60
4	15	50
5	10	40
6	5	30
7	3	20
8	3	10
9	1	5
10	1	3
	Men	Men
1	50	100
2	30	75
3	20	60
4	15	50
5	10	40
6	5	30
7	3	20
8	3	10
9	1	5
10	1	3
11	-	3
12	-	1
13	-	1
14	-	1
15	-	1

SEVERE WEATHER GUIDELINE

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion or other dangerous conditions. In preparation for the upcoming USA Cycling Pro Road National Championships in Knoxville, TN, USA Cycling and a cross section of key constituents have created the following plan to help mitigate any weather-related risks while respecting the unique racing conditions of the sport.

In the case of severe weather, the following group would be empaneled to make decisions regarding the conduct of the race(s):

- USA Cycling Chief of Racing: Chuck Hodge
- Director of National Events: Tara McCarthy
- President, Medalist Sports: Chris Aronhalt
- Local Organizing Committee: Kim Bumpas
- Public Safety: Lt. Tammy Debow (KPD)
- Jury President: Andy McCord

Other staff and experts may be included and consulted based on the specific conditions.

CONVENING THE PANEL

This panel would be immediately convened under the following circumstances:

A NOAA special weather statement is issued for the race venue.

Severe cold/heat and/or wind anticipated within 72 hours.

Freezing rain, heavy snow or other threatening precipitation is forecast.

Other atmospheric conditions that could affect the health and welfare of athletes, spectators, staff, and volunteers.

Road conditions, travel and transportation to and from the venue, poses danger to volunteers, staff, spectators, or athletes. Any member of the panel would also be empowered to request that the group convene based on conditions outside of those mentioned above.

ACTIONS

The following actions may be taken based on the forecast and conditions:

- No direct action - monitor situation
- Modification of the course
- Change of start times
- Combining of classes and categories
- Shortening of individual races
- Change of start date
- Cancellation

In addition to the above actions affecting race participants, the following actions may be considered in relation to spectators, staff and volunteers:

- Increased medical staffing
- Warming/cooling areas provided
- Decrease in shift times/exposure

These lists are not exhaustive, and may be used in combination or separately on different days or at different times.

COMMUNICATIONS PLAN

Status updates, and if needed revised schedules, will be communicated to the affected parties through a variety of methods:

An e-mail update will be sent directly to registered athletes/participants by USA Cycling.

USA Cycling will utilize its social media platforms to provide outreach to spectators and volunteers.

Venue announcements will be used in the case of on-site modifications and notifications, using Public Address System and posted materials at Race Office/Awards Stage.

Credentialed media will be provided with updates through USA Cycling communications staff.

Medical

Medical Services will be provided during the USA Cycling Pro Road Race Championships by the staff of University of Tennessee Medical.

Athletes and staff are encouraged to seek out the assistance of the medical staff for any injuries or illnesses and report any incidents to the Medalist Sports staff.

PRE-RACE STAGING

A medical support vehicle and staff will be available in the staging area one hour before the race start each day.

There will be medical staff on site near the Time Trial start.

RACE CARAVAN

The following medical support vehicles and staff will be available in the race caravan during the Road Race:

- Doctor’s Car
- Medical Sag
- Ambulances (2)

Medical staff will be positioned at critical locations during the time trial and criterium.

RACE FINISHES

A medical services tent will be located adjacent to the finish line each day for treatment of athletes immediately after the race finish.

MEDICAL STAFF

Name	License	Position
Olewinski, Luci	MD	Race Doctor
Catherine McKnight	MD	Race Doctor
Darius Graeff	MD	
Enderson, Blaine	MD	
Neal, Terry	NRP, FP-C	Medical Coordinator
Walker, Phyllis	MS NRP - C	Medical Coordinator
McAnally, Rhonda	FNP BC, CEN	Medical Coordinator

AREA HOSPITAL

UT Medical Center
1924 Alcoa Hwy
Knoxville, TN 37920
865-305-9000

For emergencies, dial 911 on your phone.

SELECTION OF RIDERS FOR DOPING CONTROL

By registering to compete at this event you have consented to be subject to drug testing and adhere to the penalties associated with an anti-doping rules violation. All registered competitors are subject to testing and, if chosen for drug testing, are required to comply with the applicable rules. Noncompliance or refusing to be tested will result in the same penalties as a doping violation.

When the U.S. Anti-Doping Agency ("USADA") is conducting testing at a race, the list of cyclists selected for doping control will be posted at the finish line (or location where the cyclists leave the course or track) and at the Doping Control Station.

All riders, including any athlete who has abandoned the competition, are responsible for ensuring personally whether they are required to appear for doping control. All posted riders are required to report to the Doping Control Station unless their release from testing is documented by a USADA Official in the field. If, after reporting to the Doping Control Station a posted rider is not required to provide a sample for purposes of doping control, their dismissal will be documented by a USADA Official.

NOTIFICATION OF ATHLETES

It is your responsibility to check the doping control posting even when chaperones are provided at events where USADA is testing. The lack of a Chaperone or Escort does not excuse a rider from testing. Should a rider fail to report to doping control within 60 minutes of notification, that rider will be subject to sanctions.

Applicable Rules

USADA will conduct testing in accordance with its Protocol. A copy of and additional information concerning the USADA Protocol are available online at <http://www.usantidoping.org>. You should also review the applicable anti-doping rules of the Union Cycliste International (UCI), the International Federation for the sport, at <http://www.uci.ch/>.

"Refusing, or failing without compelling justification, to submit to sample collection after notification as authorized in applicable anti-doping rules or otherwise evading sample collection" is an anti-doping rule violation.

UNITED STATES ANTI-DOPING AGENCY

The United States Anti-Doping Agency is the independent anti-doping agency for the Olympic Movement in the United States. USADA is dedicated to eliminating the practice of doping in sport, preserving the well-being of sport and ensuring the health of athletes through drug testing, research initiatives and educational programs.

PROHIBITED CLASSES FOR EVENT TESTING

USADA will test for the classes of substances and methods prohibited by the World Anti-Doping Code. For in-competition testing, urine samples are tested for the following categories of substances: anabolic agents, hormones, beta-2 agonists, anti-estrogenic substances, diuretics, stimulants, narcotics, cannabinoids (i.e. marijuana), glucocorticosteroids, alcohol and beta-blockers; additionally, the following methods such as blood doping, gene doping and pharmacological, chemical and physical manipulation are also prohibited.

For more detailed information or a non-exclusive list of substances within each category listed above, visit the USADA web site at http://www.usantidoping.org/prohibited_sub/wallet_card.asp for the USADA Wallet Card.

Further information about the drug testing, the protection of your rights and the status of specific medications on the WADA Prohibited List is available from the USADA Drug Reference On-Line at <http://www.usantidoping.org/dro> or from USADA's Drug Reference Line at 1-800-233-0393. When in doubt athletes should check with these resources.

Please remember that even over-the-counter or prescription medications can contain a banned substance that could cause a positive test result and a doping offense. Dietary/nutritional supplements including vitamins, minerals and amino acids is completely at the athlete's risk, even if the supplements are labeled 'approved' or 'verified.' If you take dietary/nutritional supplements you may test positive for a prohibited substance which is not disclosed on the product label. This would result in a doping violation and sanction. Always check with your team doctor or the USADA Drug Reference Line before taking any medication.

MEDIA

The 2022 USA Cycling Pro Road National Championships has retained a Press Team, including the Media Operations Manager, Media Relations Liaisons, Media Credentials supervisors, and Social Media managers, to promote the race and teams to national, regional and local media outlets. While the press team services the media, it will interact with each team throughout the race, to help facilitate interviews and coordinate photo opportunities.

Media work spaces will be provided at all three events, with a Press Team member present at all times to safeguard personal items such as computers and camera equipment. Refreshments will be provided, as well as internet access. It is suggested that each media representative bring a personal hot spot device for connectivity at the ITT.

INTERVIEWS & OFFICIAL SPOKESPERSONS

Each team will be provided with a list of official spokespersons and contact information for the USA Cycling Pro Road Championships. Only these representatives will be official spokespeople. The press team can assist in arranging interviews with cyclists and teams during race week.

BROADCAST

Team directors and press officers are encouraged to consider the value of television interviews, and build a schedule that can accommodate possible opportunities in advance of race days. The press team asks that a very limited number of television interviews take place immediately following the race finishes and prior to the awards ceremonies so that the event may run as scheduled. Please be aware that priority should be given to the official media partner of the event, WATE-TV (ABC affiliate).

The USA Pro Criterium Championships will be webcast live on Friday, June 24 and the USA Pro Road Race Championships will be webcast live on Sunday, June 26, both on FloBikes (www.flobikes.com).

The men's road race on Sunday afternoon will be broadcast live by WATE-TV in Knoxville, WATN-TV in Memphis, and by WKRN-TV in Nashville. Highlights and interviews from the women's road race will be included in this programming. Highlights from the ITT and Criterium will also be incorporated.

PHOTOGRAPHERS

All photographers must wear a media credential, and in some instances an official vest, in order to access authorized areas for press. Requests may be made in advance for transportation assistance for photographers to access approved locations on the ITT and RR courses with the Media Car. A drop-off and pick-up schedule can be arranged in advance. Requests should be made in advance for access to Photo Moto (two available) for the Road Race events. Approved photographers must have prior experience working from the back of a motorcycle, provide his/her own helmet, and wear close-toed shoes.

EVENT PRESS CONFERENCE

A Press Conference will be held on Friday, June 24 from 11-11:45 am in downtown Knoxville to introduce media to defending champions of the USPro Criterium and USPro Road Race Championships. It is also recommended that the women's and men's winners of the Pro ITT participate. Teams with current and defending champions in these disciplines will be asked to have athletes attend this event. The event will be held at the Visit Knoxville Visitors Center, 301 S. Gay St., Knoxville. A member of the Media Team will provide more details for participants.

Credentials

Media representatives may pick up credentials on race days:

Thurs - Media Tent near Start/Finish in Oak Ridge after 8:15am.

Fri - Bijou Theater after 4:30pm

Sat - Bijou Theater after 8am

PROTOCOL

There will be a joint award ceremony for the Criterium, occurring after the conclusion of Men's events. Time Trial and Road Races will have awards ceremonies for Women and Men taking place following the conclusion of their respective races. The Top three finishers for each event are required to attend and participate in the awards ceremonies. Athletes will be directed from the finish to a backstage area (Green Room), pending commencement of the official awards ceremony. The awards ceremony will be followed by either a press conference and/or mix zone.

RACE COMMUNICATIONS

Radio communication equipment will be provided to staff, teams and select individuals in the form of hand-held and mobile UHF radios. These radios will be used for separate functions with channels for:

- Race Caravan
- Radio Tour
- Officials
- Media Operations

All vehicle drivers will be assigned a radio for the entire race. Radio distribution for teams will take place at the Team Managers' Meeting.

Recipients of radios will be required to sign out the radio. Staff and teams are financially responsible for all radio equipment. Please return all issued equipment to the Communications van located near Anti-doping or at caravan deviation.

The communication equipment staff will be at the staging area one hour prior to the start each day with charged batteries. If you are having problems with your equipment please make sure you report it at this time.

After the finish of the Road Race, radios are to be turned in to the Communications Staff at caravan deviation.

The organizer reserves the right not to issue a radio to any person not adhering to the above procedures.

COMMUNICATIONS PROTOCOL

Many channels will be operated through a repeater that serves to enhance the range of the units. In some cases the repeater may be non-operational for periods of time. If this is announced over your channel, you may switch to the "simplex" version of the channel for direct radio-to-radio communication. The two channels are listed on the channel identification card you will be issued with your radio.

Transmitting Priorities:

- Immediate threat to life or safety of person(s)
- Possible hazards to life, safety, or property
- Race critical information or decisions especially officials' decisions
- Urgent, time critical transmissions
- All other communications

VEHICLE USAGE AND POLICIES

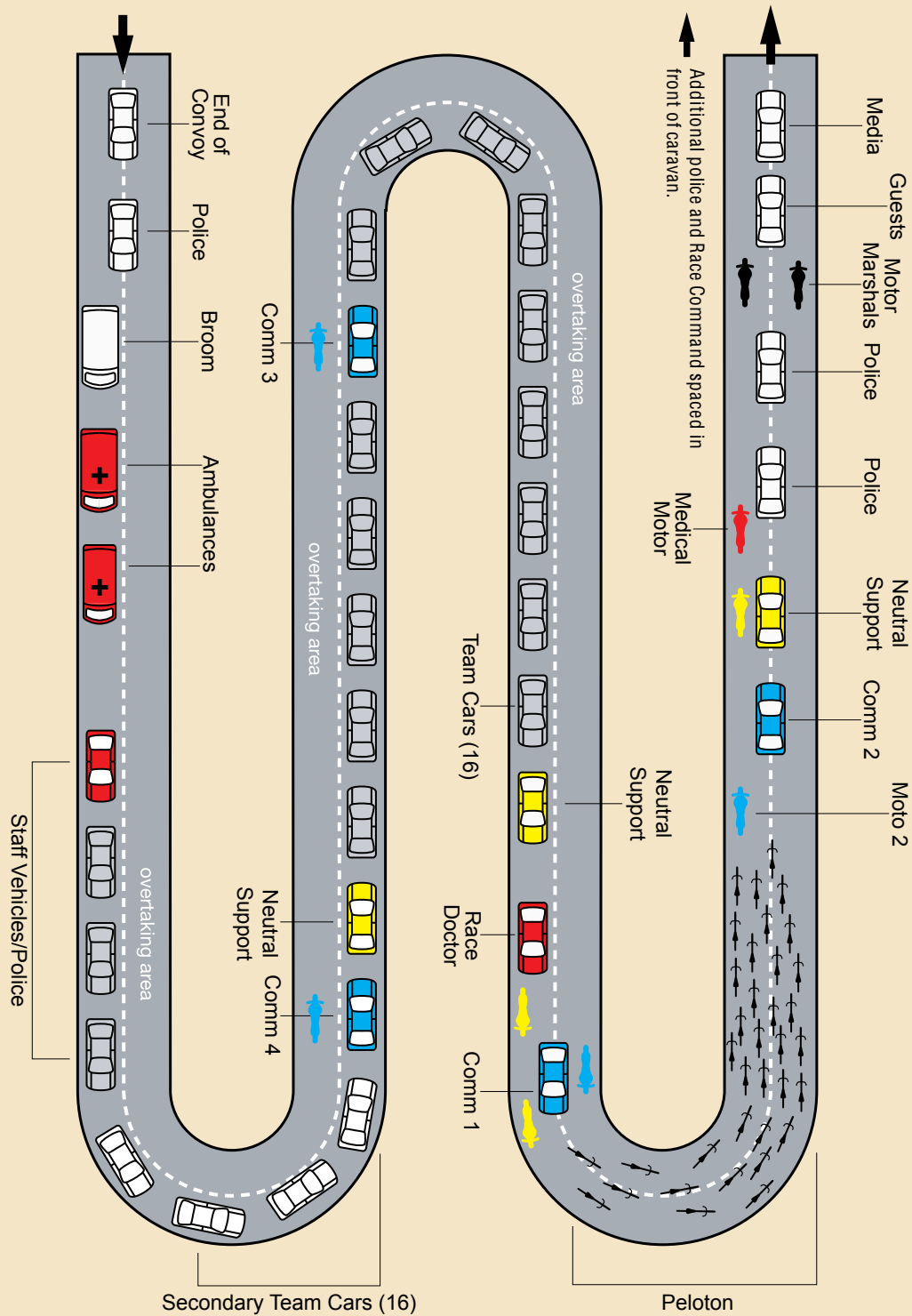
The race organization will be providing selected staff with race ready vehicles. Each vehicle will be signed out to a race assigned driver who will be responsible for anything that happens to the vehicle. It may be required that you leave a credit card imprint or a cash deposit prior to receiving a vehicle to insure against negligence or damages.

- Anyone found to be operating a vehicle under the influence of alcohol or a controlled substance, or driving in a reckless or careless manner will be removed from driving immediately without exception.
- No walking, standing or sitting on roofs or hoods for any reason. No driving vans with side doors open.
- Traffic citations will be the responsibility of the designated driver. Please keep unattended vehicles locked at all times.
- All designated drivers must be at least 21 years of age or older and hold a valid drivers license.
- In case of an accident do not leave the site until requested to do so by the responding authorities and after all required forms have been completed. It is expected that operators and/or passengers of all race provided vehicles will take any and all appropriate safety precautions in case of an accident. **In the case of accident, theft, etc., all paperwork must be filled out and copies given to Medalist Sports staff.**
- Vehicles must be returned clean and without damage. Any charges for repair or cleaning incurred by the race organization are the responsibility of the individual to whom the vehicle was assigned.
- Immediately following the event, all vehicles should be returned to the event transportation staff located in the race organization designated parking facility.
- Vehicles are to be used for race related functions only.

CARAVAN PROCEDURES

- Safety must come first in all situations.
- Team vehicles in the caravan may only be driven by UCI compliant license holders.
- The left lane is reserved for passage of vehicles performing technical support. All other caravan vehicles must remain in single file in the right lane. All vehicles must yield the right-of-way to vehicles moving up for technical support.
- Please read the course information and course logs to become familiar with obstacles and finishing circuits.
- There will be no VIP pickups with one lap to go in all road races.
- The caravan deviation is noted on course maps. All but the Commissaires and Race/Technical Director are required to pull off. Director Sportifs/ Team Managers may be allowed through the finish line if following a solo breakaway with sufficient time gap and only at the discretion of the Commissaires.
- Event staff will be directing the caravan to the runoff and parking areas.
- No mini vans or SUVs allowed as team or support vehicles in the Road Race. All vehicles must meet UCI height restrictions.
- All vehicles must be properly prepared and staged at the start line no later than 30 minutes prior to the race start. Drivers must remain with their vehicles. All non-caravan staff and event vehicles that cannot leave the venue before the start of the event must leave immediately after the event begins.
- The Commissaires are in charge of the race. Follow their instructions. Speeding and reckless driving will result in citations and ejections from the race. Remember, this event is held on public roads.
- All caravan vehicles will be provided with a radio. You will be instructed as to which channel to use. Violations of radio protocol may result in penalties as determined by the Commissaires. Managers are reminded that their riders are to indicate requests for feeding and service so that the team cars can be called up as it is appropriate and according to the conditions of the race. Mechanical and breakdown assistance take priority.
- Team vehicles wishing to proceed past the peloton are required to first request permission from the Commissaires by drawing even with the Commissaires and stating their intentions. Team vehicles can then proceed as instructed remembering to use the left lane.
- Vehicles wishing to drop back shall pull to the far right-hand side of the road and allow the caravan vehicles to pass on their left until their position is reached.
- The movement of caravan vehicles will be controlled by the Commissaires. All caravan vehicles must respect the red flag, which forbids the passage of vehicles.
- In the event of a breakaway, no team support vehicles will be permitted between the breakaway group and the chase group unless there is at least one minute difference or at the discretion of the Commissaires.

Caravan Diagram



First Rider: Women- 9:30 am, Men- To Follow		One-Minute Intervals - Riders in Heats	
Date	Thursday, June 23, 2022		
Classification	USAC CN/UCI CN		
Manager's Meeting	5:00 pm Women/Men - Wednesday, June 22 - Women's Basketball HOF		
Team Enrollment	4:00 - 5:00 pm on Wednesday, June 22 - Women's Basketball HOF		
2 laps for Women / 3 laps for Men			

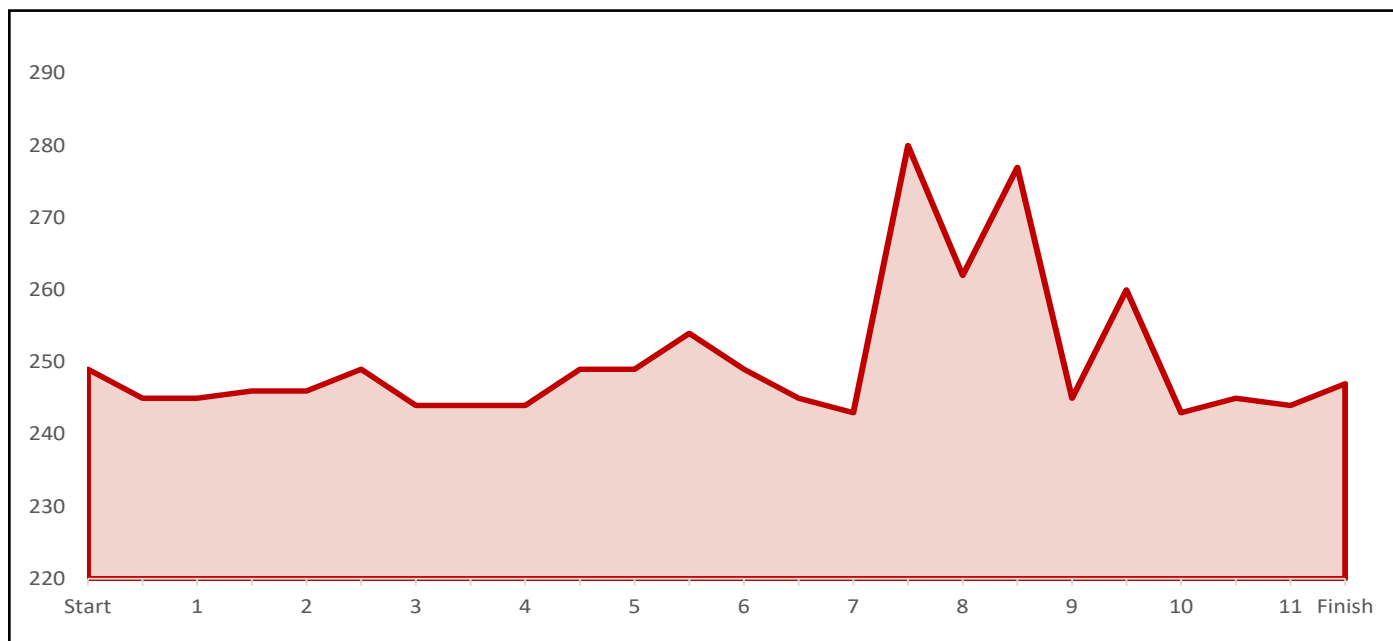
Time
Trial



Race Headquarters	Hilton Knoxville
Team Parking	see Locator Map
Anti-Doping	Designated Tent in Team Parking
Press Conference	Pavillion
Media Work Room	Work Tent at Finish
Commissaire's Room	Finish Stage
Awards Ceremony	Pavillion, see locator map
Caravan Deviation	Right turn across from Emory Valley Road, Approx. 150 yds. before finish



ELEVATION PROFILE



COURSE LOG

ETA @ 35.4 KPH 22 MPH	ETA @ 38.6 KPH 24 MPH	ETA @ 41.8 KPH 26 MPH	ETA @ 45 KPH 28 MPH	ETA @ 48.2 KPH 30 MPH	ETA @ 51.5 KPH 32 MPH	Incr.	Miles Ridden	Mile to Go	KM Ridden	KM to Go	Action Taken	Course Direction
0:00	0:00	0:00	0:00	0:00	0:00	0.00	0.00	14.39	0.0	23.2	Start	Start House
0:00	0:00	0:00	0:00	0:00	0:00	0.00	0.00	14.39	0.0	23.2	Right	on Melton lake Drive
0:02	0:01	0:01	0:01	0:01	0:01	0.79	0.79	13.60	1.3	21.9	U-Turn	at pallisades Parkway
0:06	0:06	0:05	0:05	0:05	0:04	1.73	2.52	11.87	4.1	19.1	Right	on Union Valley Road
0:09	0:08	0:07	0:07	0:06	0:06	0.91	3.43	10.96	5.5	17.7	U-Turn	on Union Valley Road @ pullout
0:11	0:10	0:10	0:09	0:08	0:08	0.91	4.34	10.05	7.0	16.2	Right	on Melton Lake Drive
0:12	0:11	0:10	0:09	0:08	0:08	0.09	4.43	9.96	7.1	16.1	Right	on Rivers Run Blvd.
0:12	0:11	0:10	0:10	0:09	0:08	0.27	4.70	9.69	7.6	15.6	Left	on Riverside Drive
0:14	0:13	0:12	0:11	0:10	0:09	0.54	5.24	9.15	8.4	14.8	Left	on Rolling Links Blvd
0:14	0:13	0:12	0:11	0:10	0:10	0.17	5.41	8.98	8.7	14.5	Left	on Melton lake Drive
0:19	0:17	0:16	0:15	0:14	0:13	1.59	7.00	7.39	11.3	11.9	cs	Vehicle Deviation on right
0:19	0:17	0:16	0:15	0:14	0:13	0.09	7.09	7.30	11.4	11.8	Lap 1	
0:39	0:35	0:33	0:30	0:28	0:26	7.09	14.39	7.30	23.2	11.8	Finish	Finish Women
0:59	0:54	0:50	0:46	0:43	0:40	7.09	21.69	0.00	34.9	0.0	Finish	Finish Men



START/FINISH LOCATOR MAP



DIRECTIONS TO RACE START AND FINISH

- The following directions **MUST** be followed as the course has a single crossing point to enter parking areas at the venue.
- Leave the Hilton Knoxville parking lot and turn left on Clinch Avenue and continue straight for 1.5 blocks. Turn Right on Henley Street, keeping in the right two lanes. Follow signs for I-40 West.
- Follow I-40 West to exit 376 (TN 162 N) toward Maryville/Oak Ridge.
- Continue north on TN 162 N for 5.8 miles and merge onto TN 62 West (left lane). Continue on TN 62 for 4.8 miles and turn right onto Lafayette Drive. Continue on Lafayette for 1 mile and turn right on Emory Valley Road. Continue straight for 2.9 miles. Event staff and Police will direct you across the course toward team, staff, VIP and media parking when safe to cross.

TIME TRIAL NOTES

- Rider and managers are responsible for keeping track of laps ridden. Follow vehicles must be cautious when rider is overtaking or being overtaken as there is limited road width along the race course. Please ensure that no oncoming rider or vehicle in opposite side of course is near before repositioning behind your rider. Do not pass unless you have a clear line of sight and not before blind turns.
- Related to above, for any mechanical servicing, please ensure that the team car/follow vehicle is entirely off of the road to the right before performing service.
- Starting riders and their follow vehicles need to use extreme caution when merging onto the course and look out for lapping riders.
- Upon finishing, riders will continue on course for approximately 150 yards and will deviate on the right, into team parking.
- Throughout the race, riders must stay on their side of the road (right) as all sections are out and back.
- Do not enter a U-turn if another rider is close to catching you, yield right of way.
- Two way sections of course will be delineated with cones and fencing. Where present, rider must stay on right side of roadway. Sections south, through neighborhood and returning toward finish line rider will have full use of roadway. No delineator will be present in these areas. Where course returns two way race traffic, a cone taper will be present to direct rider to right side of roadway.

Start Time: Women - 6:00 pm
Start Time: Men - 7:40 pm
Date Friday, June 24, 2022

Classification USAC CN

Team Enrollment 12:00 - 6:00 pm - Friday, June 24
4:30 pm - 6:30 pm Friday June 24

Women's Basketball HOF
Team Parking Official's Tent

Finish ETA: Women- 7:10 pm
Men- 9:00 pm

Race Headquarters Hilton Knoxville

Team Parking see Locator Map

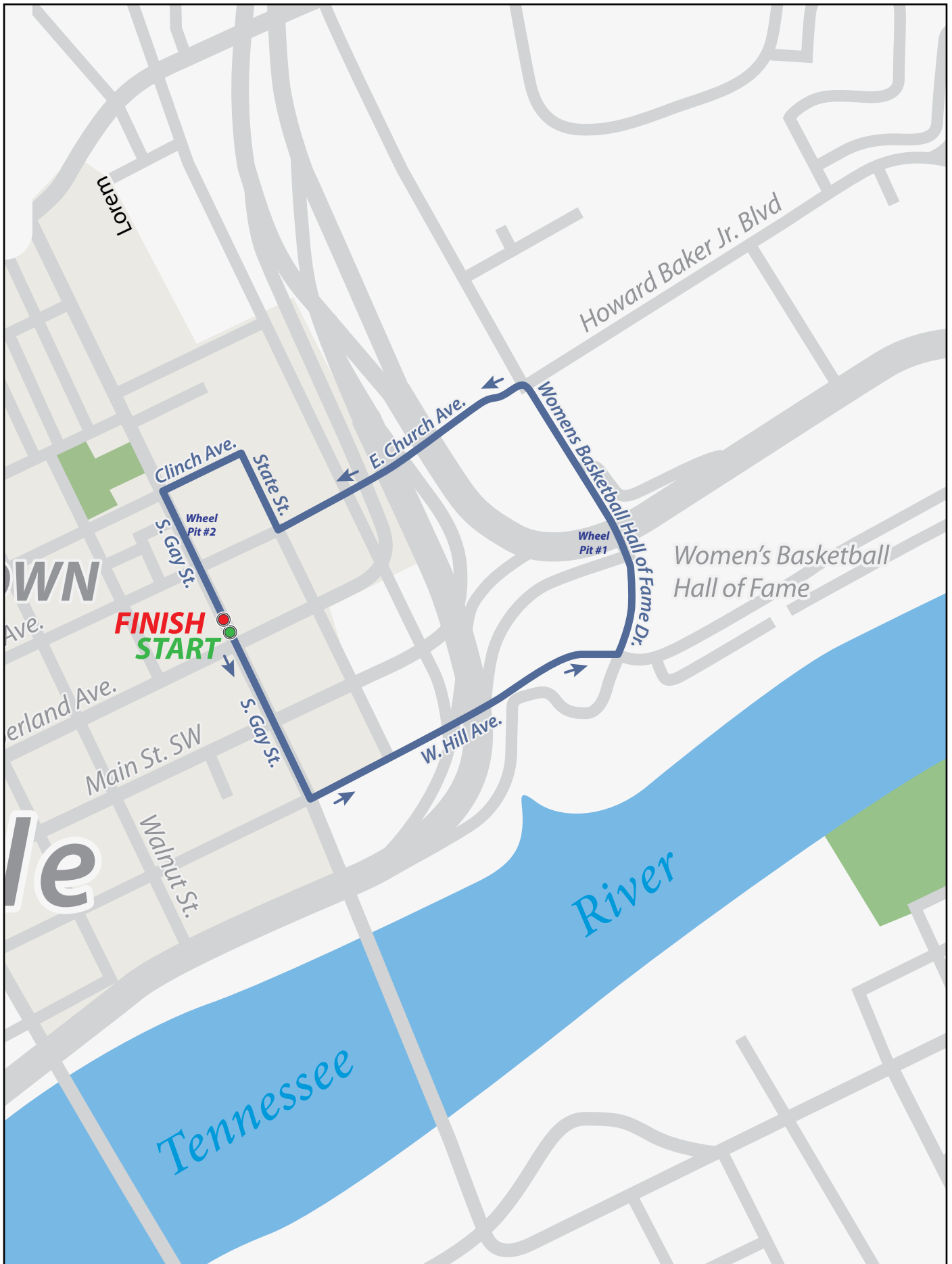
Anti-Doping Tent in Team Parking on Cumberland Ave. - See Map

Press Conference/Mix Bijou Theatre, 2nd Floor

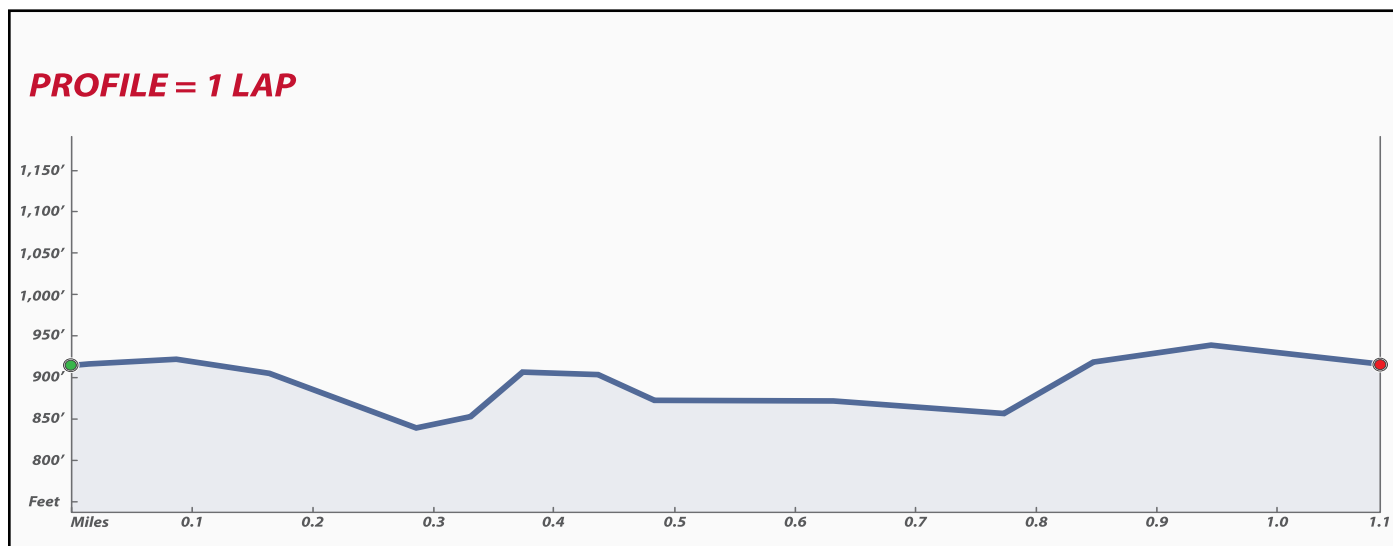
Media Work Room Bijou Theatre, 2nd floor

Commissaire's Room Bijou Theatre, 3rd Floor

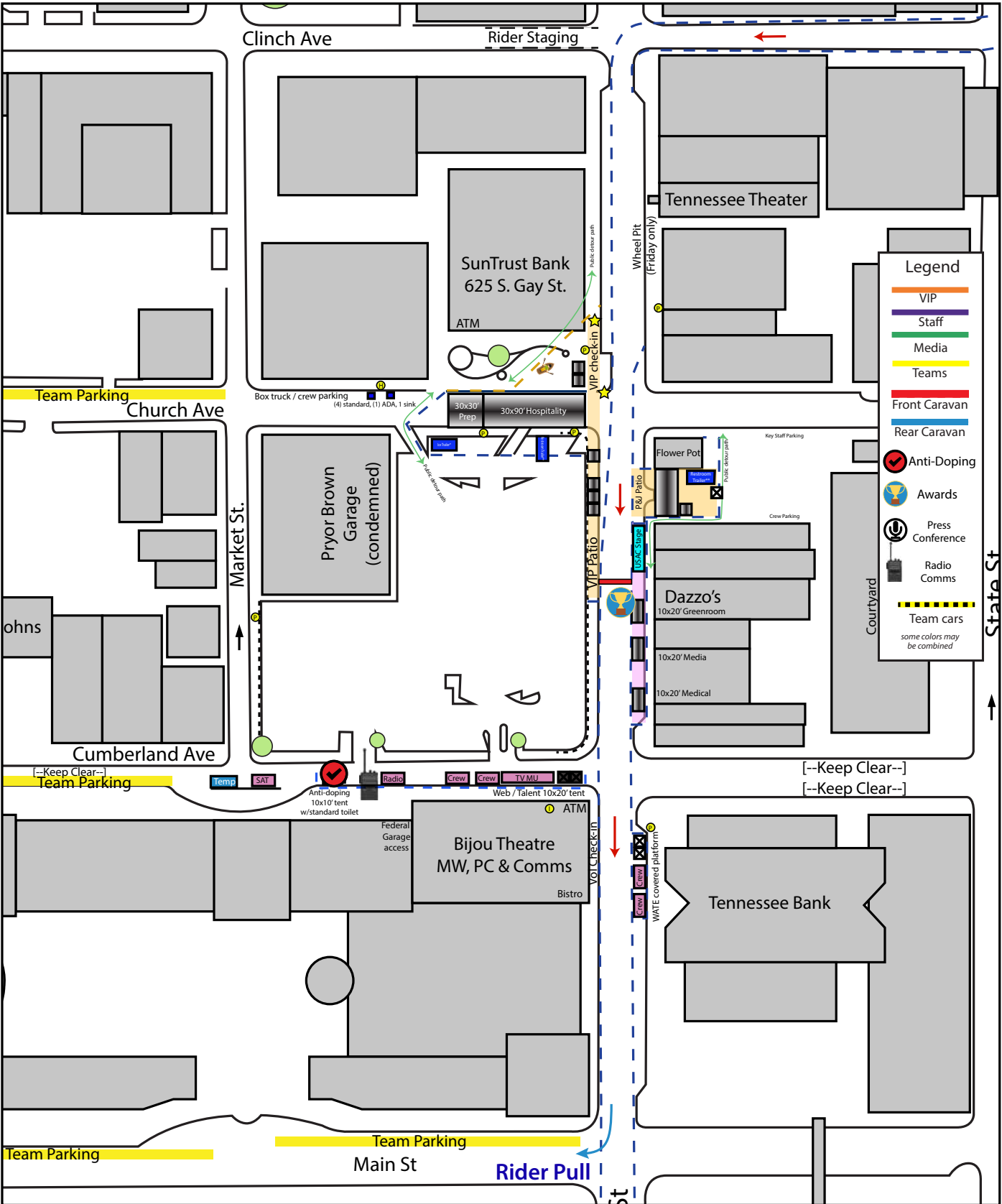
Awards Ceremony Under Finish Truss



ELEVATION PROFILE



START/FINISH LOCATOR MAP



Criterion

COURSE LOG

ETA 22 mph	ETA 24 mph	ETA 26 mph	ETA 28 mph	Incr.	Kilo. Ridden	Miles Ridden	Miles Remaining	Action Taken	Course Direction
0:00	0:00	0:00	0:00	0.00	0.0	0.0	42.4	Start	
0:00	0:00	0:00	0:00	0.03	0.0	0.0	42.4	cs	Cumberland Ave
0:00	0:00	0:00	0:00	0.06	0.1	0.1	42.3	cs	Main St. SW
0:00	0:00	0:00	0:00	0.07	0.3	0.2	42.2	Left	W. Hill Ave.
0:00	0:00	0:00	0:00	0.07	0.4	0.2	42.2	cs	State St.
0:01	0:01	0:00	0:00	0.18	0.7	0.4	42.0	left	Hall of Fame Dr.
0:01	0:01	0:01	0:01	0.08	0.8	0.5	41.9	cs	Neyland Dr. exit ramp
0:01	0:01	0:01	0:01	0.02	0.8	0.5	41.9	cs	James White Pkwy entrance/exit ramp
0:01	0:01	0:01	0:01	0.05	0.9	0.6	41.8	cs	Coliseum exit on right
0:01	0:01	0:01	0:01	0.06	1.0	0.6	41.8	Left	E. Church Ave.
0:02	0:01	0:01	0:01	0.14	1.2	0.8	41.6	cs	Bus depot ramp on right
0:02	0:02	0:01	0:01	0.08	1.4	0.8	41.6	Right	State St.
0:02	0:02	0:02	0:01	0.06	1.4	0.9	41.5	Left	Clinch Ave.
0:02	0:02	0:02	0:02	0.06	1.5	1.0	41.4	Left	Gay St.
0:02	0:02	0:02	0:02	0.06	1.6	1.0	41.4	cs	W. Church Ave.
0:02	0:02	0:02	0:02	0.04	1.7	1.1	41.3	Finish	Lap 1

DIRECTIONS TO RACE START AND FINISH

- From the Hilton Knoxville parking lot Exit Left onto Clinch Avenue and make 1st left onto Locust Street.
- Turn Left onto Locust Street and proceed 3 blocks to Main St. SW.
- Turn Left onto Main St. SW and in 1 block you will be directed to parking by event staff.

CRITERIUM NOTES

- Riders experiencing mechanical failures will be allowed a free lap until four laps to go in the race. Riders may proceed to the pit for repairs and may safely re-enter the race as the group passes. Riders must follow course to pit, do not cut the course.
- Wheel pits are located just prior to finish line at Church Avenue and on Women's Hall of Fame at left exit ramp.
- Team parking downtown will open beginning at 4pm.
- Race duration for women will be **70 minutes**, for men it will be **80 minutes**.
- During the period between Women's Race finish and Men's Race start, the full course will be unavailable for warm-up/preview due to event at Tennessee Theatre. The course available for warm up will be shortened. Riders will continue on Church St. to Gay Street during this warm up period.

Start Time: Women - 9:00 am
Start Time: Men - 1:15 pm
Sign-in: 7:50 am-8:50 am
Sign-in: 12:05 pm-1:05 pm
Classification USAC CN/UCI CN

Team Enrollment 4:00 - 5:45 pm Saturday, June 25

Women's Basketball HOF

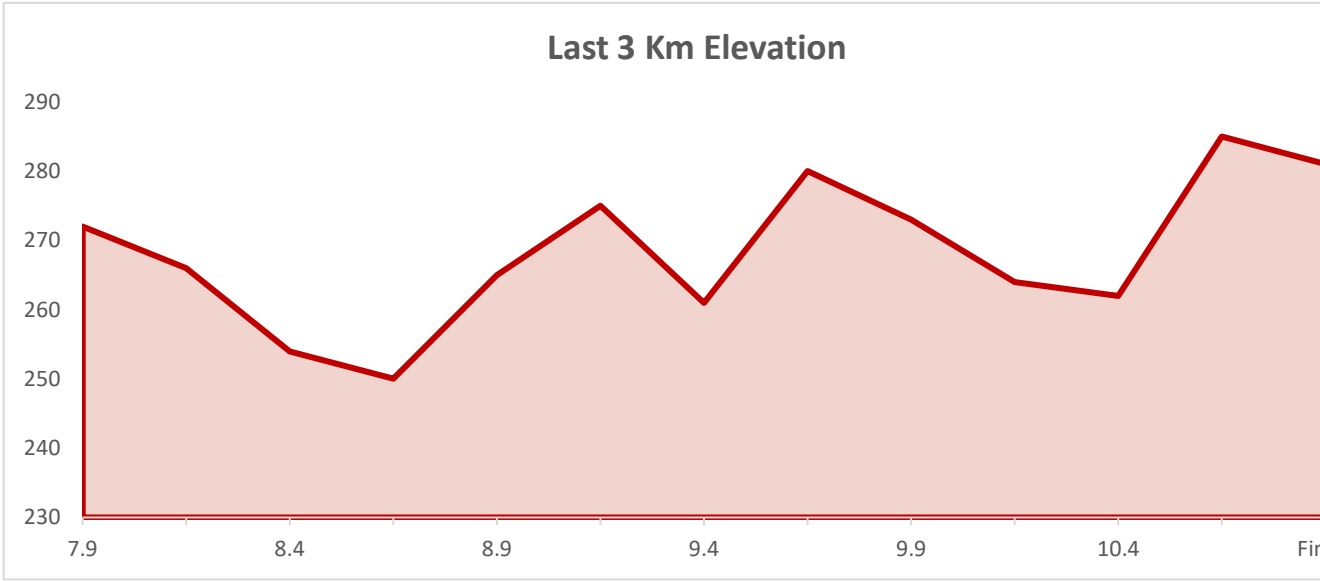
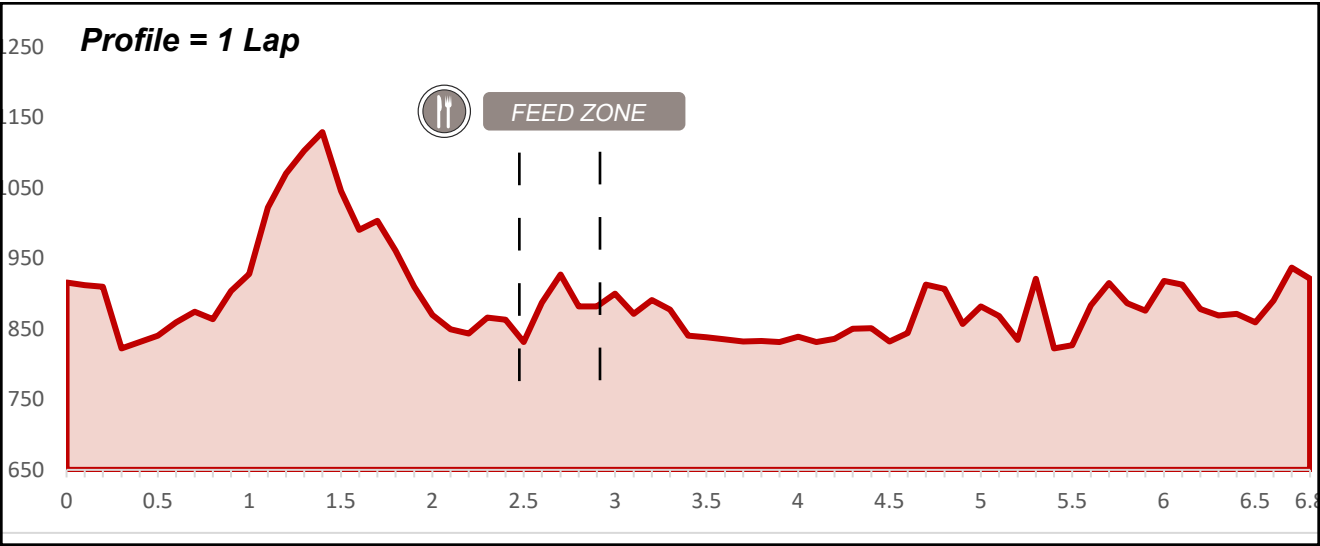
Manager's Meeting 6:00 pm Women / 6:30 pm Men Saturday, June 25

Finish ETA: Women- 11:50 am to 12:20 pm
Men- 5:30 pm to 6:00 pm


Race Headquarters	Hilton Knoxville
Team Parking	see Locator Map
Sign-In	Sign-In Tent located in venue lot near Cumberland Ave.
Feed Zone	Cottrell St between Sevier and Anita
Anti-Doping	Tent in Team Parking on Cumberland St. - See Map
Press Conference/Mix	Bijou Theatre, 2nd Floor
Media Work Room	Bijou Theatre, 2nd Floor
Commissaire's Room	Bijou Theatre, 3rd Floor
Awards Ceremony	Under Start/Finish Truss. Inclement Weather - Bijou Theatre
Caravan Deviation	Straight on State St @ 250m to go



ELEVATION PROFILE



WOMEN'S COURSE LOG 10 LAPS

ETA @ 20 MPH 2.2 KPH	ETA @ 22 MPH 35.4 KPH	ETA @ 24 MPH 38.6 KPH	ETA @ 26 MPH 41.8 KPH	Incr.	Miles Ridden	Mile to Go	KM Ridden	KM to Go	Action Taken	Course Direction
9:00 AM	9:00 AM	9:00 AM	9:00 AM	0.00	0.0	68.2	0.0	109.8	Start	Gay St
9:01 AM	9:01 AM	9:01 AM	9:01 AM	0.53	0.5	67.7	0.9	108.9	Left	on Council Pl from Gay St.
9:02 AM	9:02 AM	9:01 AM	9:01 AM	0.22	0.8	67.5	1.2	108.6	Right	on Atchley St from Council Pl
9:02 AM	9:02 AM	9:02 AM	9:01 AM	0.07	0.8	67.4	1.3	108.5	Right	on Mimosa Ave from Atchley St
9:02 AM	9:02 AM	9:02 AM	9:02 AM	0.15	1.0	67.2	1.6	108.2	Left	on Sherrod Rd. - GREEN ZONE on RIGHT
9:04 AM	9:03 AM	9:03 AM	9:03 AM	0.38	1.4	66.9	2.2	107.6	cs	Top of climb
9:04 AM	9:04 AM	9:04 AM	9:03 AM	0.27	1.6	66.6	2.6	107.2	Right	on Davenport Rd from Sherrod Rd - FAST
9:06 AM	9:06 AM	9:05 AM	9:05 AM	0.58	2.2	66.0	3.5	106.3	Left	on Cottrell St from Davenport Rd
9:06 AM	9:06 AM	9:05 AM	9:05 AM	0.10	2.3	65.9	3.7	106.1	cs	Green Zone on RIGHT at Price Ave.
9:07 AM	9:06 AM	9:06 AM	9:05 AM	0.14	2.4	65.8	3.9	105.9	cs	Begin FEED ZONE at Sevier Ave
9:08 AM	9:07 AM	9:06 AM	9:06 AM	0.35	2.8	65.4	4.5	105.3	cs	End FEED/GREEN ZONE at ramp merge
9:08 AM	9:07 AM	9:07 AM	9:06 AM	0.09	2.9	65.3	4.6	105.2	Left	on Sevier Ave / Anita Dr from Cottrell
9:08 AM	9:08 AM	9:07 AM	9:06 AM	0.09	3.0	65.2	4.8	105.0	Left	on JWP ramp from Anita Drive
9:11 AM	9:10 AM	9:09 AM	9:08 AM	0.79	3.8	64.4	6.1	103.7	cs	Stay left at split
9:11 AM	9:10 AM	9:09 AM	9:09 AM	0.17	3.9	64.3	6.3	103.5	U turn	James White Pkwy
9:16 AM	9:14 AM	9:13 AM	9:12 AM	1.48	5.4	62.8	8.7	101.1	Right	on ramp to Hill Ave
9:18 AM	9:16 AM	9:15 AM	9:14 AM	0.79	6.2	62.0	10.0	99.8	Right	on Hall of Fame Dr from Historic Preservation
9:18 AM	9:17 AM	9:15 AM	9:14 AM	0.10	6.3	61.9	10.1	99.7	Left	on Church Ave. from Hall of Fame
9:19 AM	9:17 AM	9:16 AM	9:15 AM	0.22	6.5	61.7	10.5	99.3	Right	on State St. from Church Ave.
9:19 AM	9:17 AM	9:16 AM	9:15 AM	0.06	6.6	61.6	10.6	99.2	left	on Clinch Ave from State - Deviation Straight Last Lap
9:20 AM	9:18 AM	9:16 AM	9:15 AM	0.10	6.7	61.5	10.8	99.0	Left	on Gay St from Clinch Ave
9:20 AM	9:18 AM	9:17 AM	9:15 AM	0.14	6.8	61.4	11.0	98.8	cs	Finish Line - 9 to go
9:40 AM	9:37 AM	9:34 AM	9:31 AM	6.82	13.6	54.6	22.0	87.8	cs	Finish Line - 8 to go
0:01 AM	9:55 AM	9:51 AM	9:47 AM	6.82	20.5	47.7	32.9	76.9	cs	Finish Line - 7 to go
0:21 AM	10:14 AM	10:08 AM	10:02 AM	6.82	27.3	40.9	43.9	65.9	cs	Finish Line - 6 to go
0:42 AM	10:33 AM	10:25 AM	10:18 AM	6.82	34.1	34.1	54.9	54.9	cs	Finish Line - 5 to go
1:02 AM	10:51 AM	10:42 AM	10:34 AM	6.82	40.9	27.3	65.9	43.9	cs	Finish Line - 4 to go
1:23 AM	11:10 AM	10:59 AM	10:50 AM	6.82	47.7	20.5	76.8	33.0	cs	Finish Line - 3 to go
1:43 AM	11:28 AM	11:16 AM	11:05 AM	6.82	54.6	13.6	87.8	22.0	cs	Finish Line - 2 to go
2:04 PM	11:47 AM	11:33 AM	11:21 AM	6.82	61.4	6.8	98.8	11.0	cs	Finish Line - 1 to go
2:24 PM	12:06 PM	11:50 AM	11:37 AM	6.82	68.2	0.0	109.8	0.0	cs	Finish Women's Race

MEN'S COURSE LOG **17 LAPS**

ETA @ 22 MPH 35.4 KPH	ETA @ 24 MPH 38.6 KPH	ETA @ 26 MPH 41.8 KPH	ETA @ 28 MPH 45 KPH	Incr.	Miles Ridden	Mile to Go	KM Ridden	KM to Go	Action Taken	Course Direction
1:15 PM	1:15 PM	1:15 PM	1:15 PM	0.00	0.0	115.9	0.0	186.6	Start	Gay St
1:16 PM	1:16 PM	1:16 PM	1:16 PM	0.53	0.5	115.4	0.9	185.7	Left	on Council Pl from Gay St.
1:17 PM	1:16 PM	1:16 PM	1:16 PM	0.22	0.8	115.2	1.2	185.4	Right	on Atchley St from Council Pl
1:17 PM	1:17 PM	1:16 PM	1:16 PM	0.07	0.8	115.1	1.3	185.3	Right	on Mimosa Ave from Atchley St
1:17 PM	1:17 PM	1:17 PM	1:17 PM	0.15	1.0	115.0	1.6	185.0	Left	on Sherrod Rd. - GREEN ZONE on RIGHT
1:18 PM	1:18 PM	1:18 PM	1:17 PM	0.38	1.4	114.6	2.2	184.4	cs	Top of climb
1:19 PM	1:19 PM	1:18 PM	1:18 PM	0.27	1.6	114.3	2.6	184.0	Right	on Davenport Rd from Sherrod Rd - FAST
1:21 PM	1:20 PM	1:20 PM	1:19 PM	0.58	2.2	113.7	3.5	183.1	Left	on Cottrell St from Davenport Rd
1:21 PM	1:20 PM	1:20 PM	1:19 PM	0.10	2.3	113.6	3.7	182.9	cs	Green Zone on RIGHT at Price Ave.
1:21 PM	1:21 PM	1:20 PM	1:20 PM	0.14	2.4	113.5	3.9	182.7	cs	Begin FEED ZONE at Sevier Ave
1:22 PM	1:21 PM	1:21 PM	1:20 PM	0.35	2.8	113.2	4.5	182.1	cs	End FEED/GREEN ZONE at ramp merge
1:22 PM	1:22 PM	1:21 PM	1:21 PM	0.09	2.9	113.1	4.6	182.0	Left	on Sevier Ave / Anita Dr from Cottrell
1:23 PM	1:22 PM	1:21 PM	1:21 PM	0.09	3.0	113.0	4.8	181.8	Left	on JWP ramp from Anita Drive
1:25 PM	1:24 PM	1:23 PM	1:23 PM	0.79	3.8	112.2	6.1	180.5	cs	Stay left at split
1:25 PM	1:24 PM	1:24 PM	1:23 PM	0.17	3.9	112.0	6.3	180.3	U turn	James White Pkwy
1:29 PM	1:28 PM	1:27 PM	1:26 PM	1.48	5.4	110.6	8.7	177.9	Right	on ramp to Hill Ave
1:31 PM	1:30 PM	1:29 PM	1:28 PM	0.79	6.2	109.7	10.0	176.6	Right	on Hall of Fame Dr from Historic Preservation
1:32 PM	1:30 PM	1:29 PM	1:28 PM	0.10	6.3	109.6	10.1	176.5	Left	on Church Ave. from Hall of Fame
1:32 PM	1:31 PM	1:30 PM	1:28 PM	0.22	6.5	109.4	10.5	176.1	Right	on State St. from Church Ave.
1:32 PM	1:31 PM	1:30 PM	1:29 PM	0.06	6.6	109.4	10.6	176.0	left	on Clinch Ave from State - Deviation Straight Last Lap
1:33 PM	1:31 PM	1:30 PM	1:29 PM	0.10	6.7	109.3	10.8	175.8	Left	on Gay St from Clinch Ave
1:33 PM	1:32 PM	1:30 PM	1:29 PM	0.14	6.8	109.1	11.0	175.6	cs	Finish Line - 16 to go
1:52 PM	1:49 PM	1:46 PM	1:44 PM	6.82	13.6	102.3	22.0	164.6	cs	Finish Line - 15 to go
2:10 PM	2:06 PM	2:02 PM	1:58 PM	6.82	20.5	95.5	32.9	153.7	cs	Finish Line - 14 to go
2:29 PM	2:23 PM	2:17 PM	2:13 PM	6.82	27.3	88.7	43.9	142.7	cs	Finish Line - 13 to go
2:48 PM	2:40 PM	2:33 PM	2:28 PM	6.82	34.1	81.8	54.9	131.7	cs	Finish Line - 12 to go
3:06 PM	2:57 PM	2:49 PM	2:42 PM	6.82	40.9	75.0	65.9	120.7	cs	Finish Line - 11 to go
3:25 PM	3:14 PM	3:05 PM	2:57 PM	6.82	47.7	68.2	76.8	109.8	cs	Finish Line - 10 to go
3:43 PM	3:31 PM	3:20 PM	3:11 PM	6.82	54.6	61.4	87.8	98.8	cs	Finish Line - 9 to go
4:02 PM	3:48 PM	3:36 PM	3:26 PM	6.82	61.4	54.6	98.8	87.8	cs	Finish Line - 8 to go
4:21 PM	4:05 PM	3:52 PM	3:41 PM	6.82	68.2	47.7	109.8	76.8	cs	Finish Line - 7 to go
4:39 PM	4:22 PM	4:08 PM	3:55 PM	6.82	75.0	40.9	120.7	65.9	cs	Finish Line - 6 to go
4:58 PM	4:39 PM	4:23 PM	4:10 PM	6.82	81.8	34.1	131.7	54.9	cs	Finish Line - 5 to go
5:16 PM	4:56 PM	4:39 PM	4:24 PM	6.82	88.7	27.3	142.7	43.9	cs	Finish Line - 4 to go
5:35 PM	5:13 PM	4:55 PM	4:39 PM	6.82	95.5	20.5	153.7	32.9	cs	Finish Line - 3 to go
5:54 PM	5:30 PM	5:11 PM	4:54 PM	6.82	102.3	13.6	164.6	22.0	cs	Finish Line - 2 to go
6:12 PM	5:47 PM	5:26 PM	5:08 PM	6.82	109.1	6.8	175.6	11.0	cs	Finish Line - 1 to go
6:31 PM	6:04 PM	5:42 PM	5:23 PM	6.82	115.9	0.0	186.6	0.0	cs	Finish Men's Race

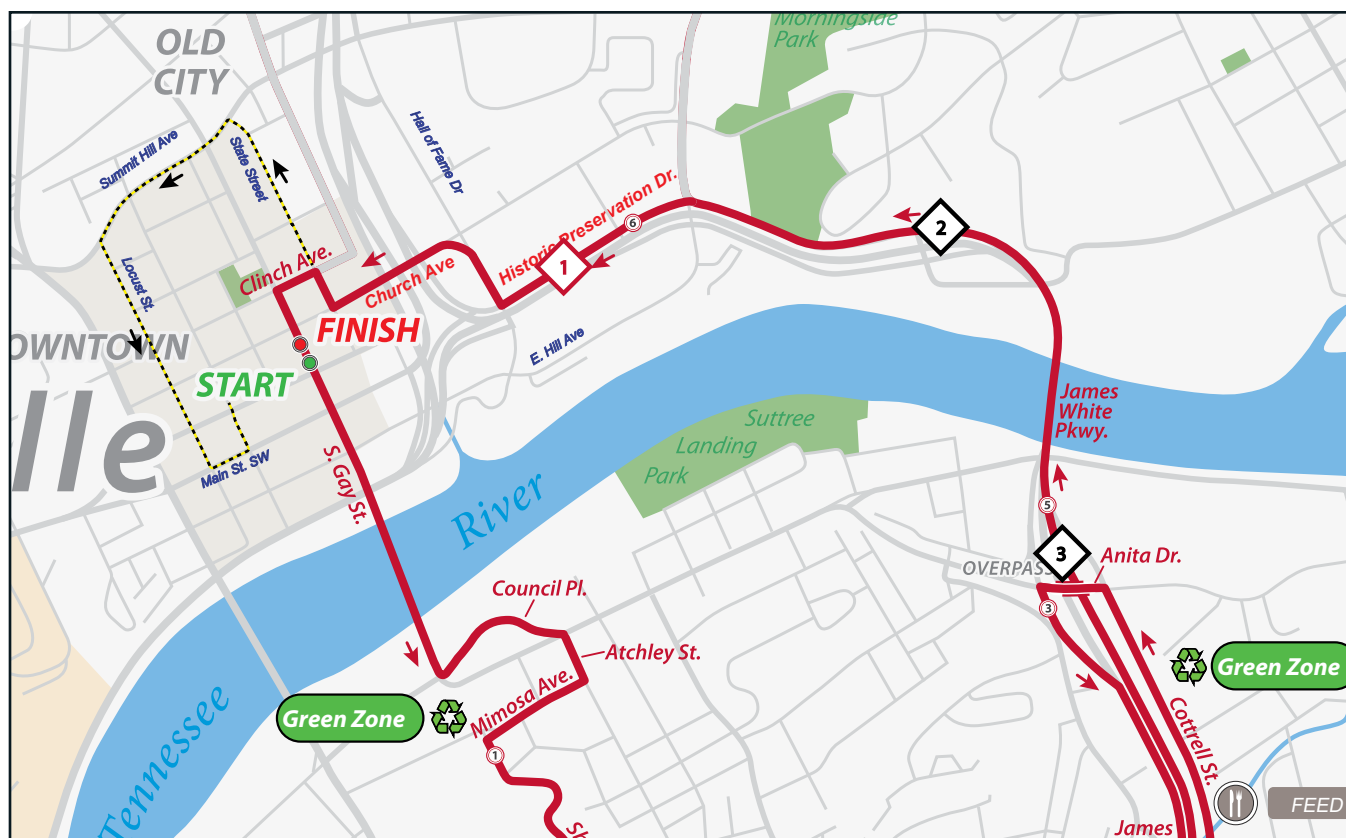
DIRECTIONS TO RACE START

- From the Hilton Knoxville parking lot Exit left on Clinch Avenue and make 1st left onto Locust Street.
- Turn Left onto Locust Street and proceed 3 blocks to Main St. SW.
- Turn Left onto Main St. SW and in 1 block you will be directed to parking by event staff.

ROAD RACE NOTES

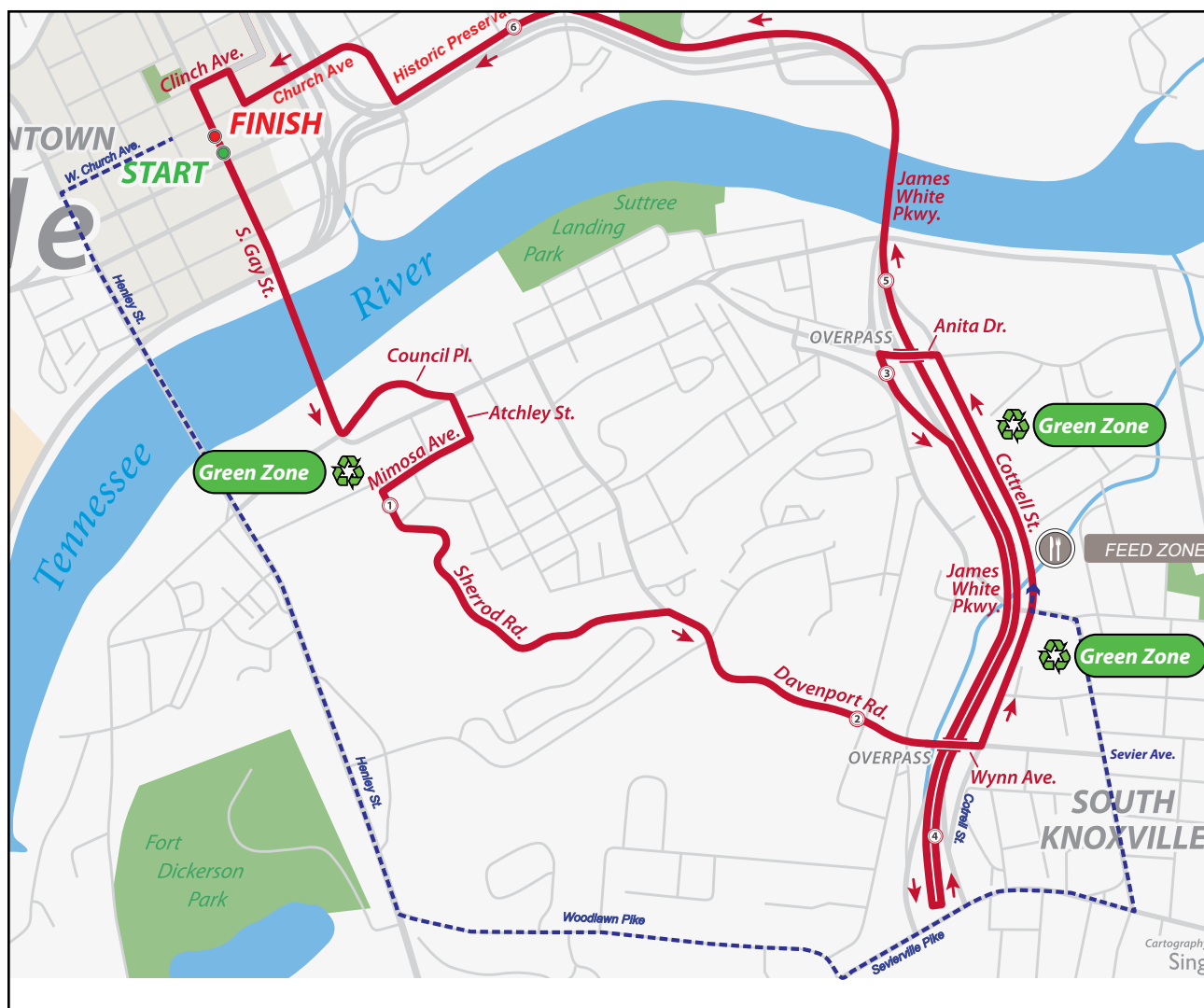
- VIP, Media, and Team Car pickup and drop off will be on Gay St. one block past finish line on left side of roadway. Pull out of roadway into designated parking lane.
- There are no start or finish loops, just one main circuit completed 10 times by women and 17 times by men.
- Riders deemed out of contention will be pulled at locations along the course. Any riders, staff or team cars passed by the "End of Convoy" vehicle should consider themselves out of the closure and on public roadways.
- Team vehicles must be kept at reasonable speeds at all times. Any cars being driven recklessly will be removed from the caravan by race staff or the police. The climb and descent of Sherrod Rd is very narrow, use extreme caution and watch for spectators.
- Please use caution on deviation as you will exit race course onto streets with regular traffic present. Event staff will make every effort to expedite your return to team parking, however you must obey rules of the road immediately upon deviation.

Last 3 km and Deviation Route



TO FEED ZONE

- Leave Team Parking on W. Church Avenue or Walnut Street to W. Church Avenue and proceed west two blocks to the traffic signal and turn left onto Henley Street.
- Continue on Henley Street crossing the Tennessee River and proceed to the 4th traffic signal (approximately 0.8 miles from end of bridge), merging into the left turn lane. At the light, turn left onto Woodlawn Pike.
- Continue on Woodlawn Pike to the next traffic signal (approximately 0.7 miles) and turn left onto Sevierville Pike.
- Follow Sevierville Pike through the next traffic signal and continue to the stop sign (0.5 mi). Turn left onto Sevier Ave.
- Proceed on Sevier Ave. 0.5 mi to police checkpoint and wait for their instructions to proceed. From this point you will turn right on course. Continue on Cottrell Street to the feed zone on immediate right.
- Once feeding has closed, vehicles may follow the broom wagon on course back to caravan deviation (Union Avenue) and follow deviation back to team parking.



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T E N N E S S E E

